

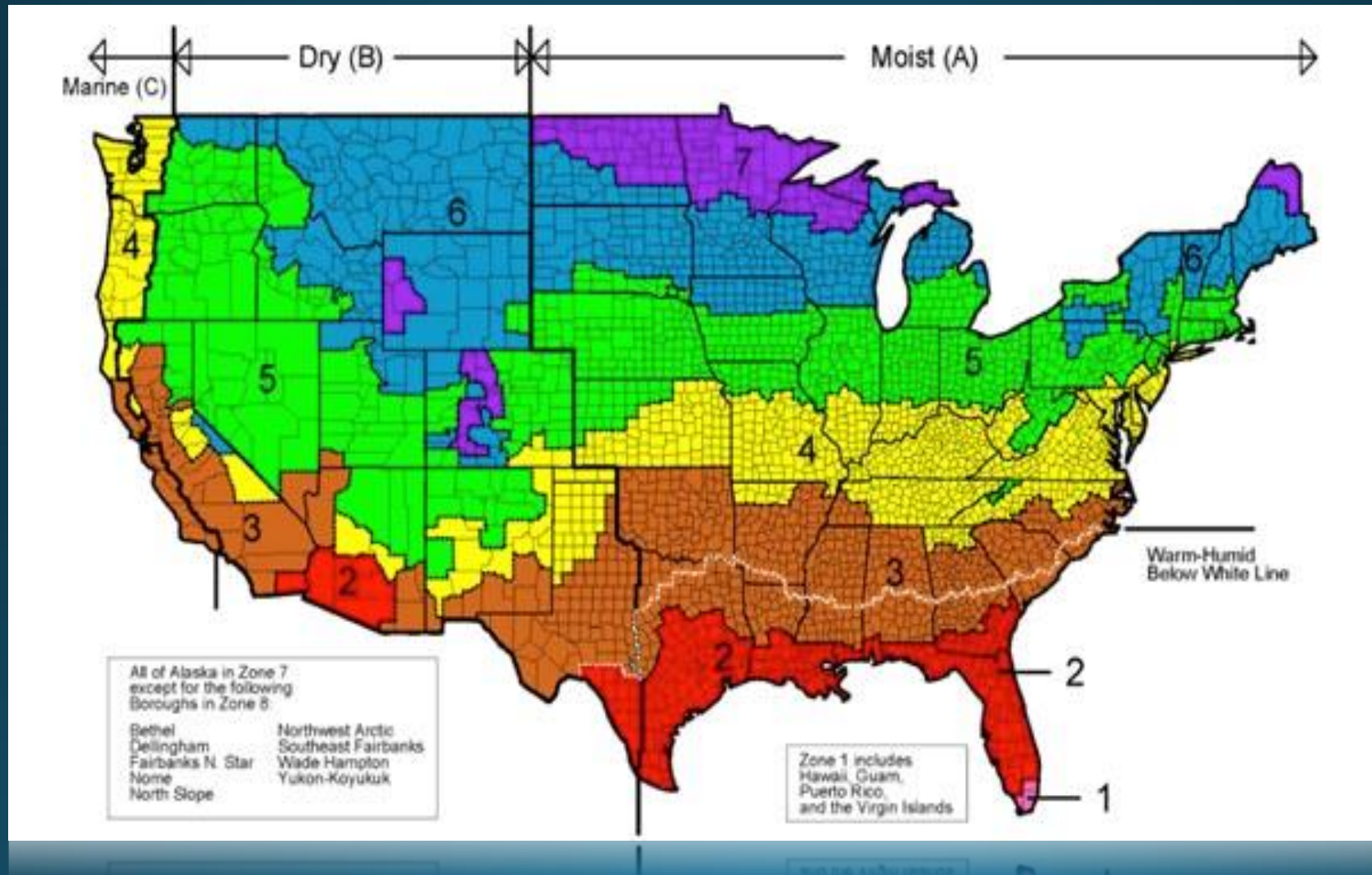
A Geo-Solar Self-Heating Workshop / Garage

***BBBD 2015
Burlington, Vermont***

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**David Johnston
David Johnston and Company
Gorham, Maine**

Who? From Where? Why?



Session Objectives

Recognize:

- 1. the simplicity and economy of high performance construction methods**
- 2. effective installation details of high performance air barriers and insulations**
- 3. opportunities for simplifying wall and roof framing and insulation**
- 4. importance of solar/hybrid role for heating and high performance**

Agenda (1.5 hr.)

1. Define client goals

2. What we considered and the economics.

- Slab and geo exchange interface
- Walls
- Ceiling / Roofs
- Garage doors

3. Results

- Modeling
- Data Logging: Geo, Floor, Room, Outside

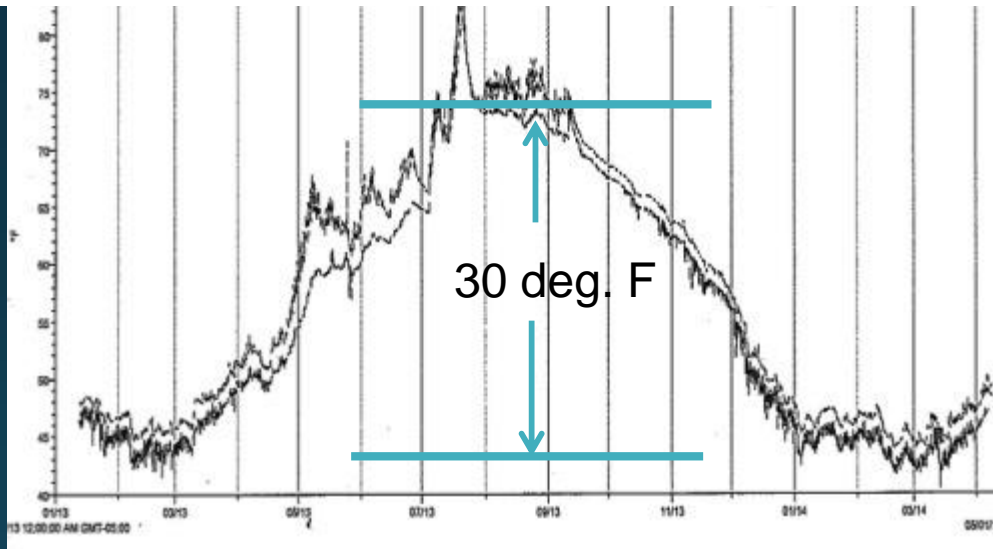
Goal: **Resilient and Futureproof**

- *Durability, redundancy, resilience*
- *Flexibility, reduced obsolescence*
- *Long term life-cycle benefits*
- *Local materials and labor*
- *Maximum long-term ROI*

Goal: High Performance

?energy storage under the building ?

Ground Temperature Below Slab March to March



rcmzeroenergy.com ROSE construction

- Energy efficient
- Sustainable
- Environmentally Friendly
- Economical
- Zero Energy Ready

Key Goal: High Performance Enclosure Objectives

Easy, economical installation:

Thermal efficiency

Geo & solar efficiency

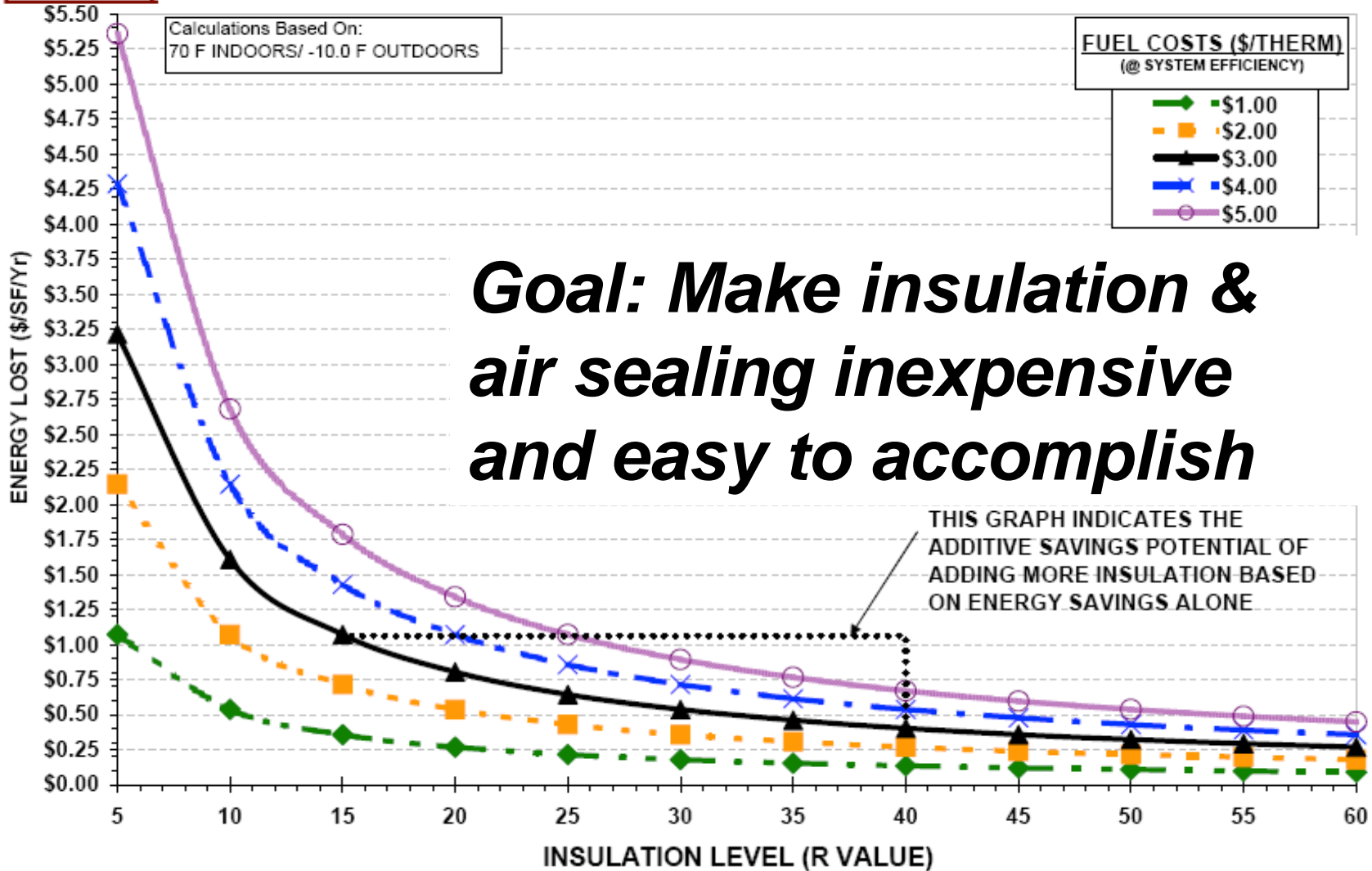
Minimal Cost

High Performance Enclosure Objective

**Goal: Reduce heating load to
less than 10,000 BTU/hr. at
0° F**

INSULATION COST EFFECTIVENESS

COST OF HEATING ENERGY LOST DUE TO INSULATION LEVELS



Consider Climate Impact of Insulation Materials

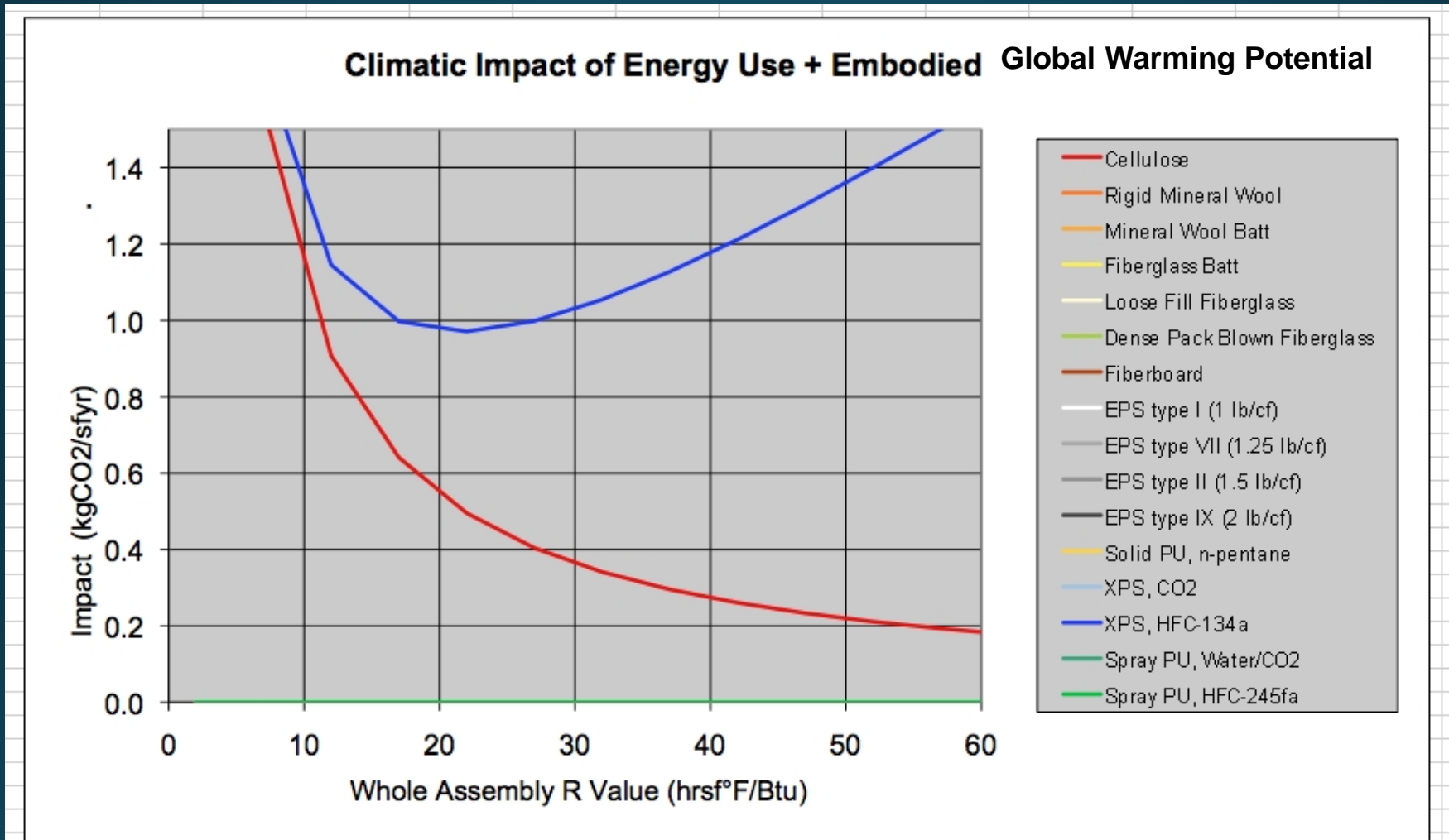


Chart Source: David White, Insulation GWP Tool v1.1

Simple, economical wall construction parameters:

Minimal use of plastic foam products

*Air and vapor barrier placed to accommodate
heating and cooling*

Standard carpentry practices

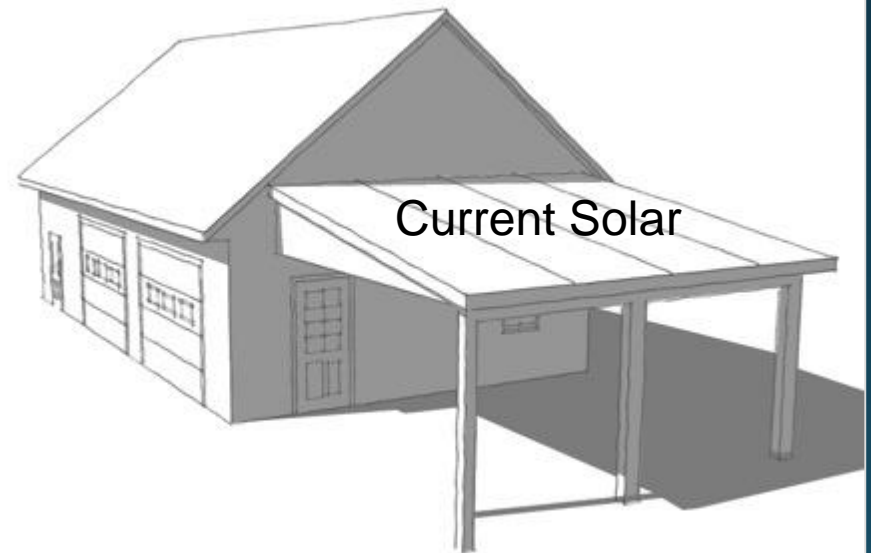
Standard electrical and plumbing practices



Save For
Future PV

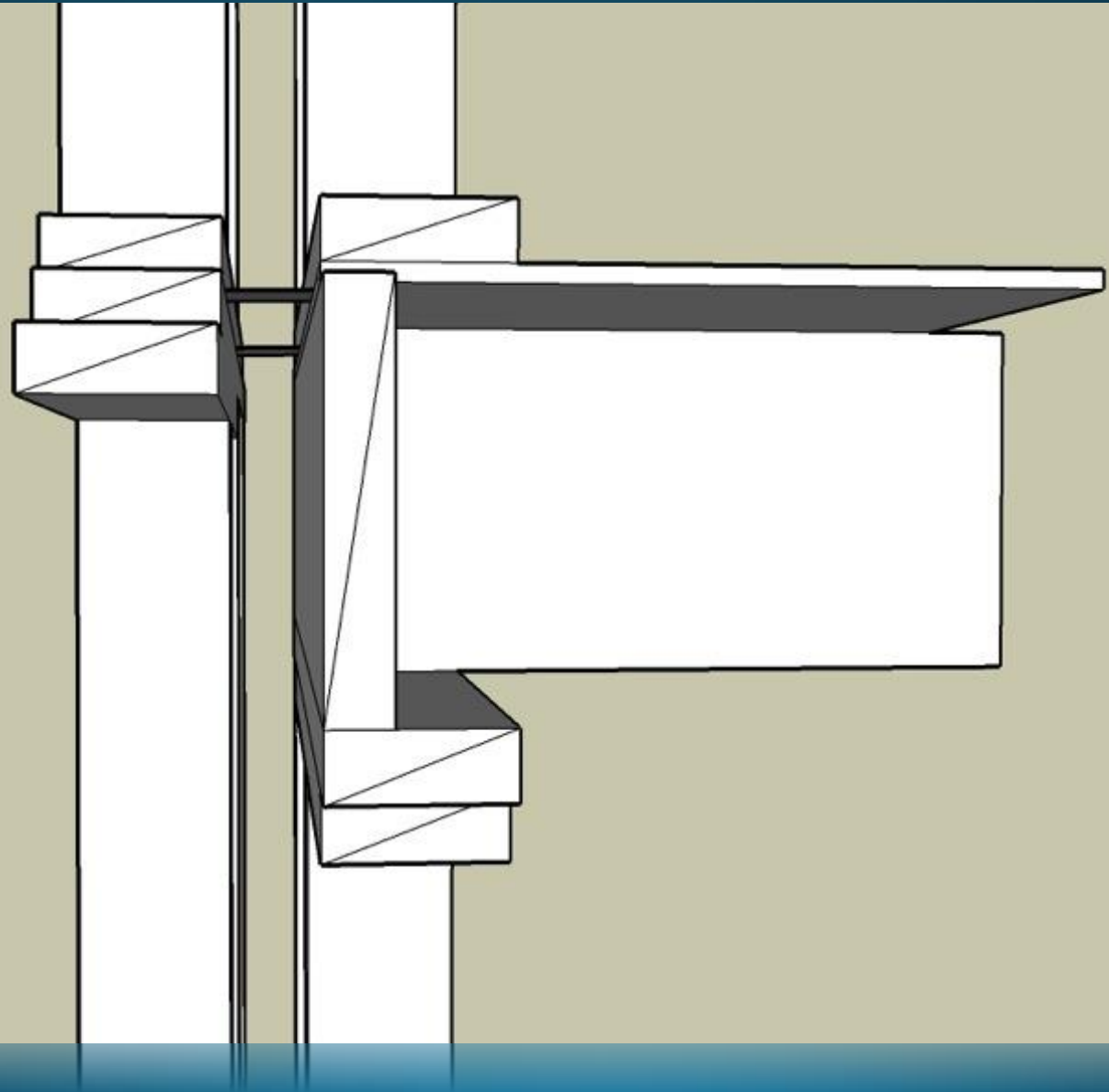
28' x 48' barn

32' x 24' lean to



Current Solar

Double Stud Wall?



Double stud wall beginnings...

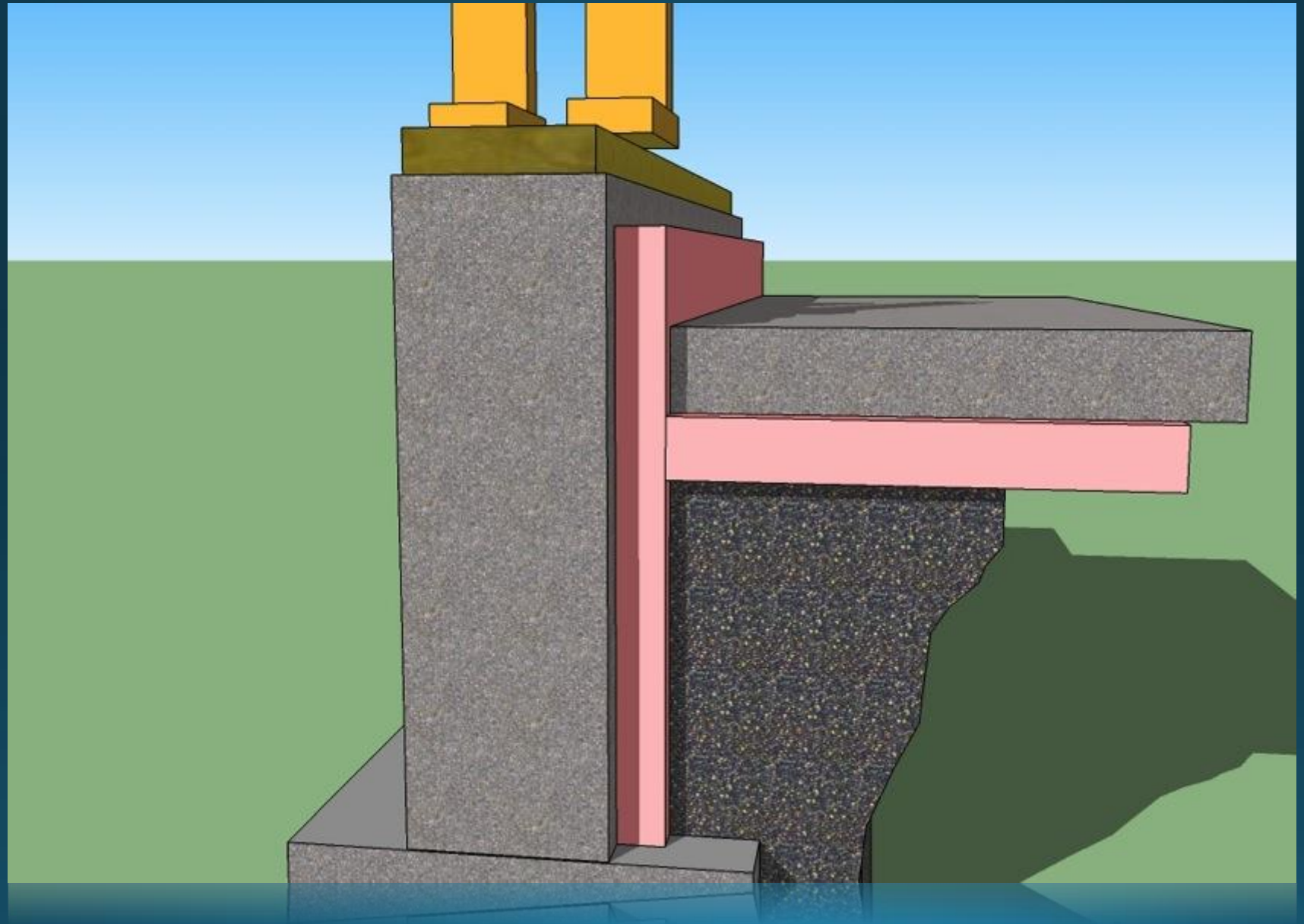


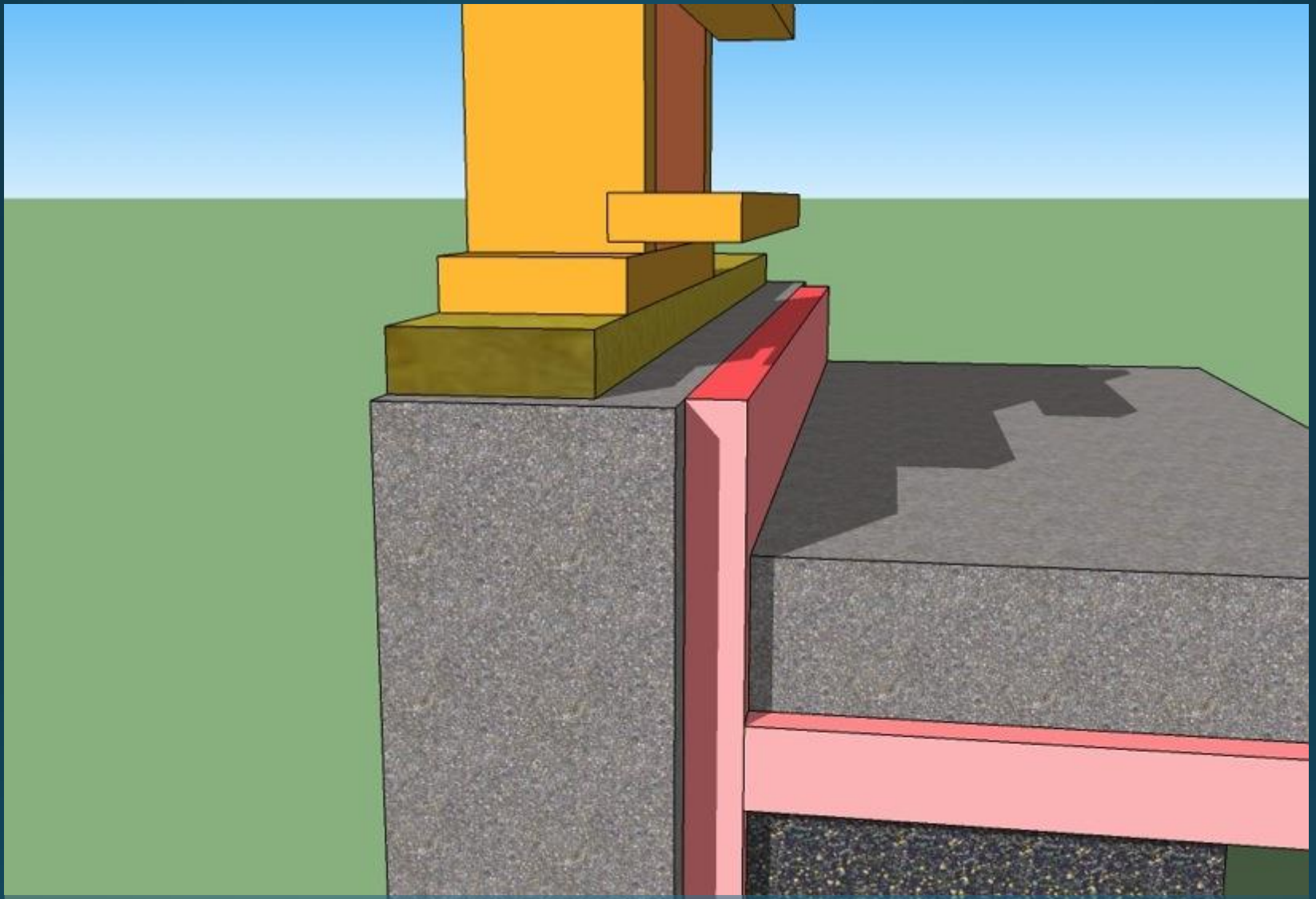
... just kidding!

Two story configuration



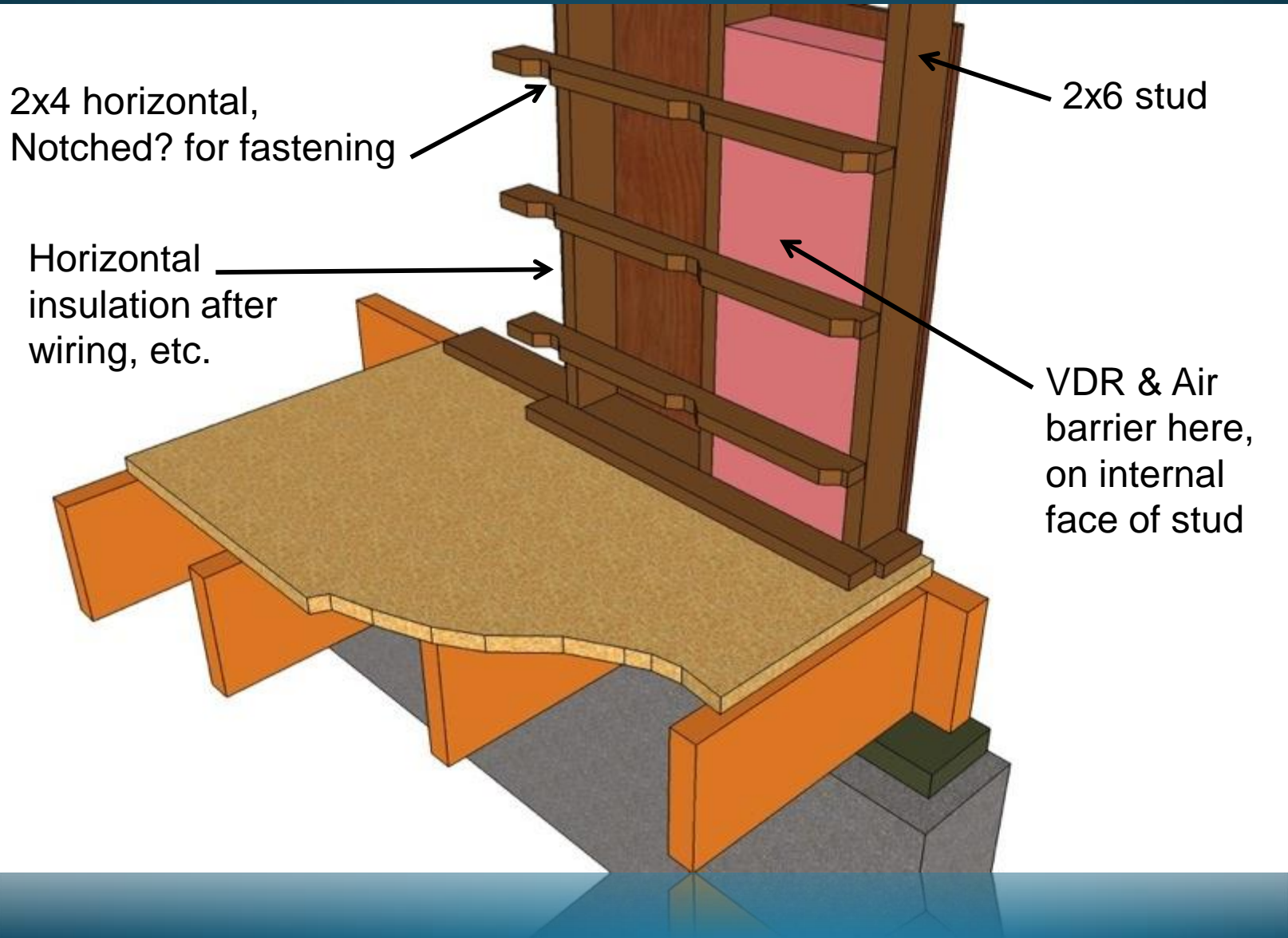
Double stud wall won't work on an 8" frostwall

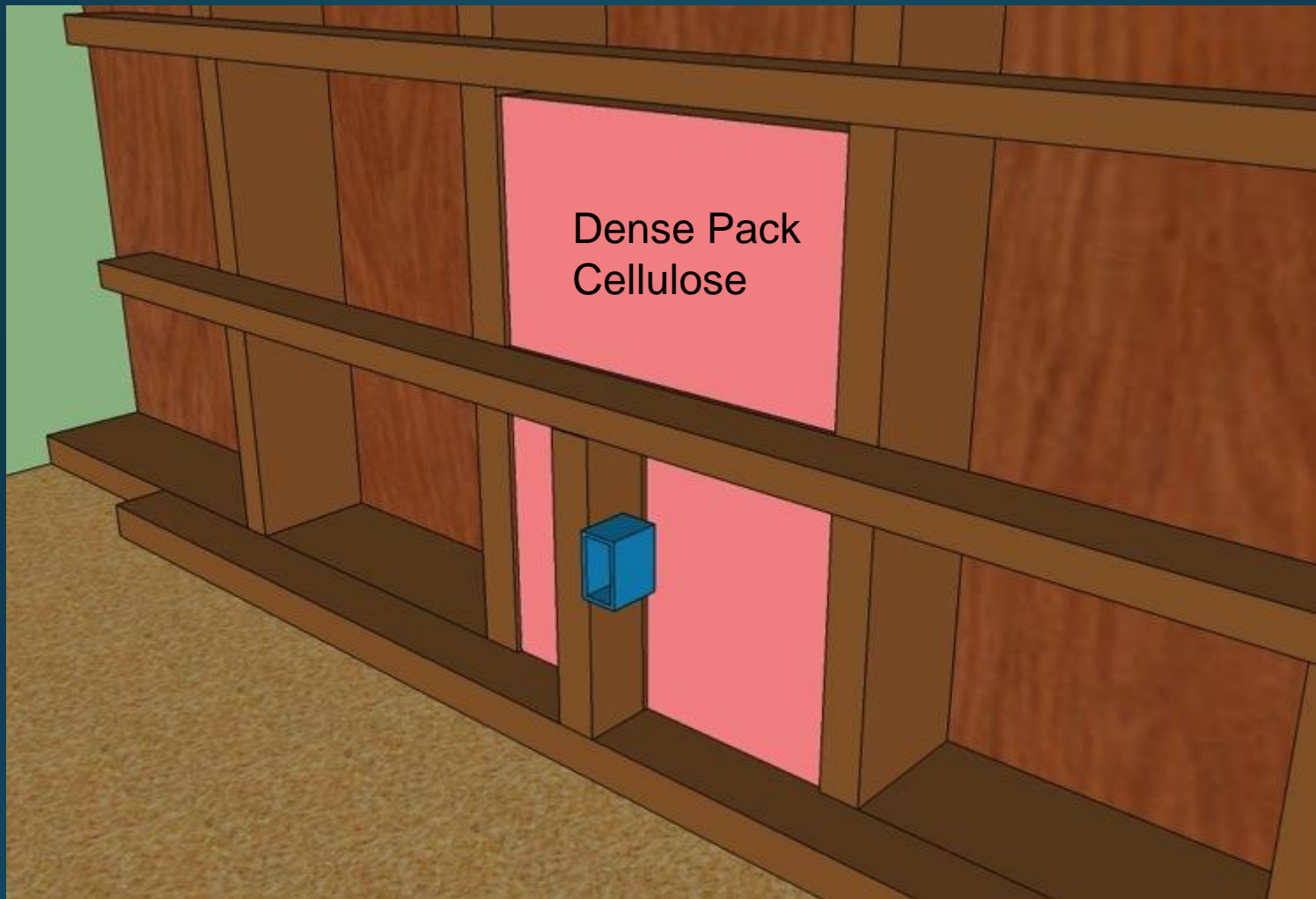




“Wrap and Strap” works well here

“Wrap and Strap”





Vertical framing for outlets, switches as needed

Ideal wiring arrangement





Valuable pine logs sold

Interior Finish: site harvested boards from culled pine and hemlock logs

Lean To: posts cut from hemlock timber



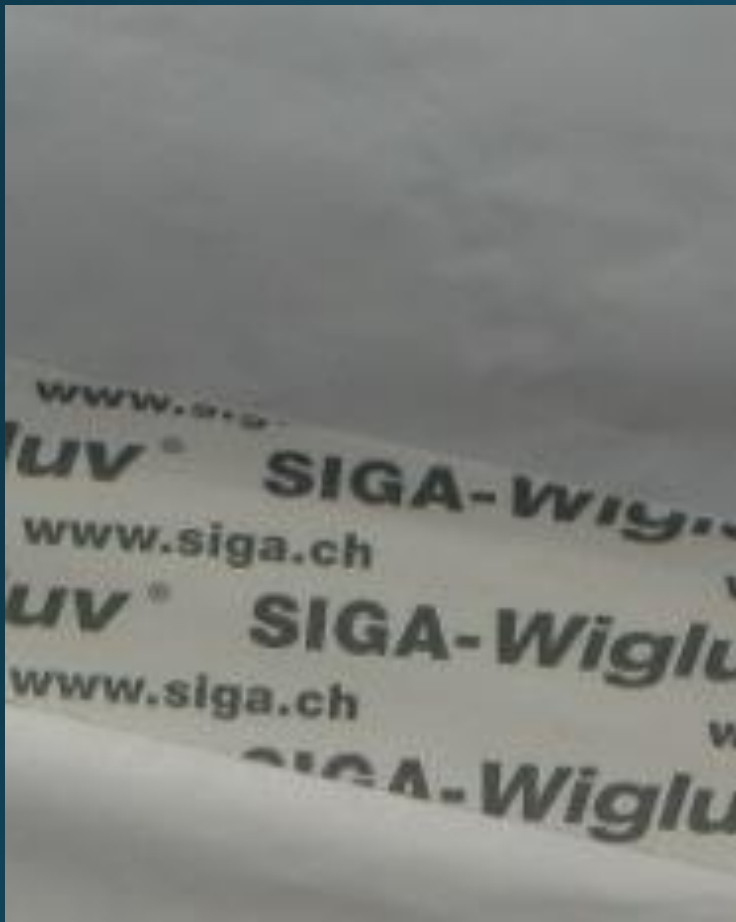
“Wrap and Strap”



R=30?

(19 plus 15)

Dense Pack Cellulose
and Roxul Batts



Sealing techniques



A good combination



Roxul™ mineral wool insulation
R-value 4.28/in



Dense packed
cellulose

R-3.35/in

Sealed Floor Plate



Sealed Floor / Wall Air & VB Interface



Ceiling: 26" cellulose above Tu-Tuff, and OSB sheathing painted white

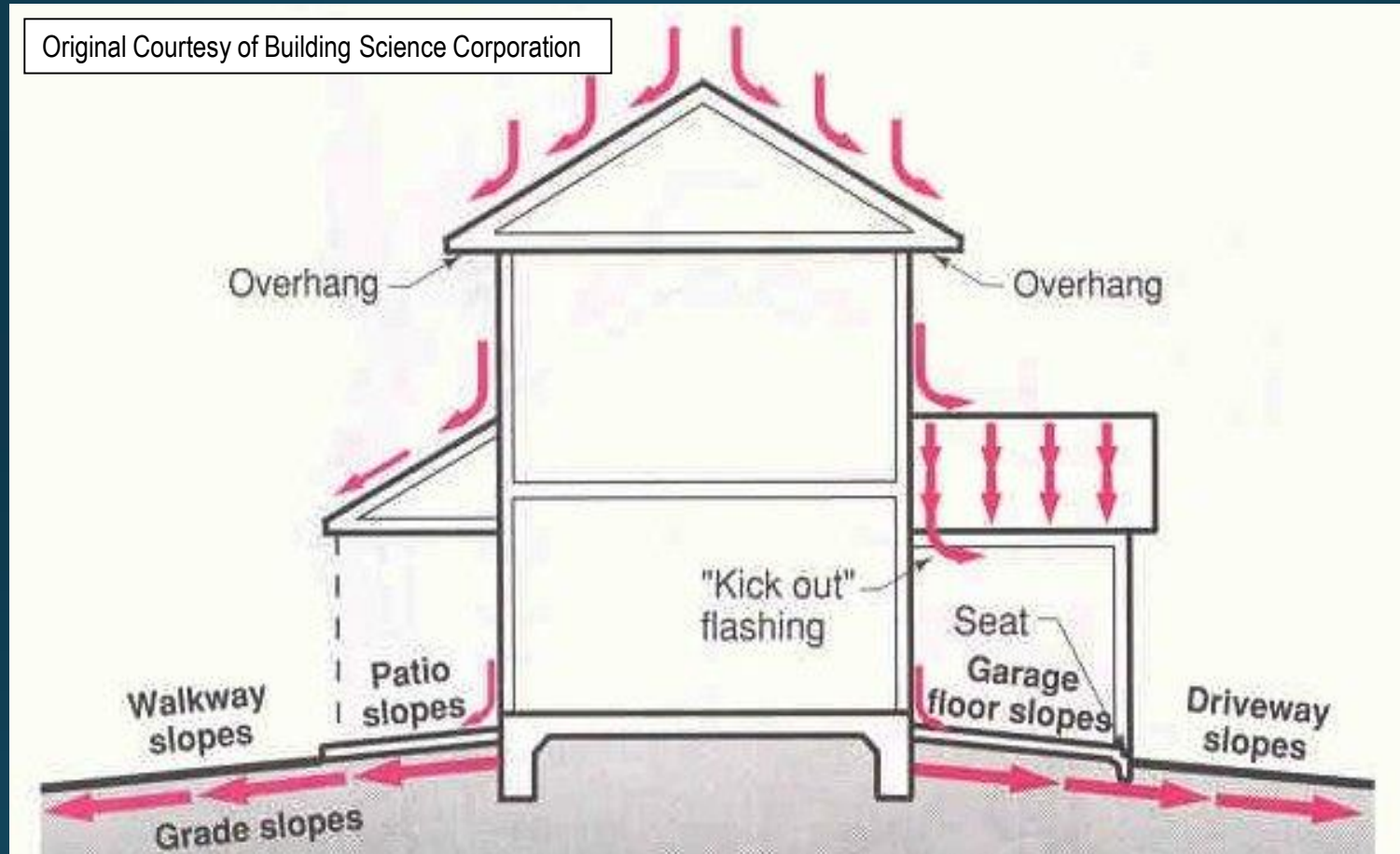


Cold Roof Design: Blocking at Soffit, Vented, Cantilever Truss



Enclosure #1... Drain the Rain

Original Courtesy of Building Science Corporation



**Exterior: large overhangs (1.5 & 3 ft.),
Inexpensive OSB, drain plane & 2nd air
barrier, and vinyl siding**



Garage Doors

Clopay Commercial Model 3730 , 3 inches thick



Two 12 feet by 10 feet, core= R 22.2
Manufacturer Test Data U= 0.15

Increase Potential for High Performance GEO / Solar Hybrid

**Reduce the need for fossil or
wood base fuel consumption**

Potential for future net zero

Geo / Solar Hybrid

Exchange Possibilities:



PEX ? (hot or cold)



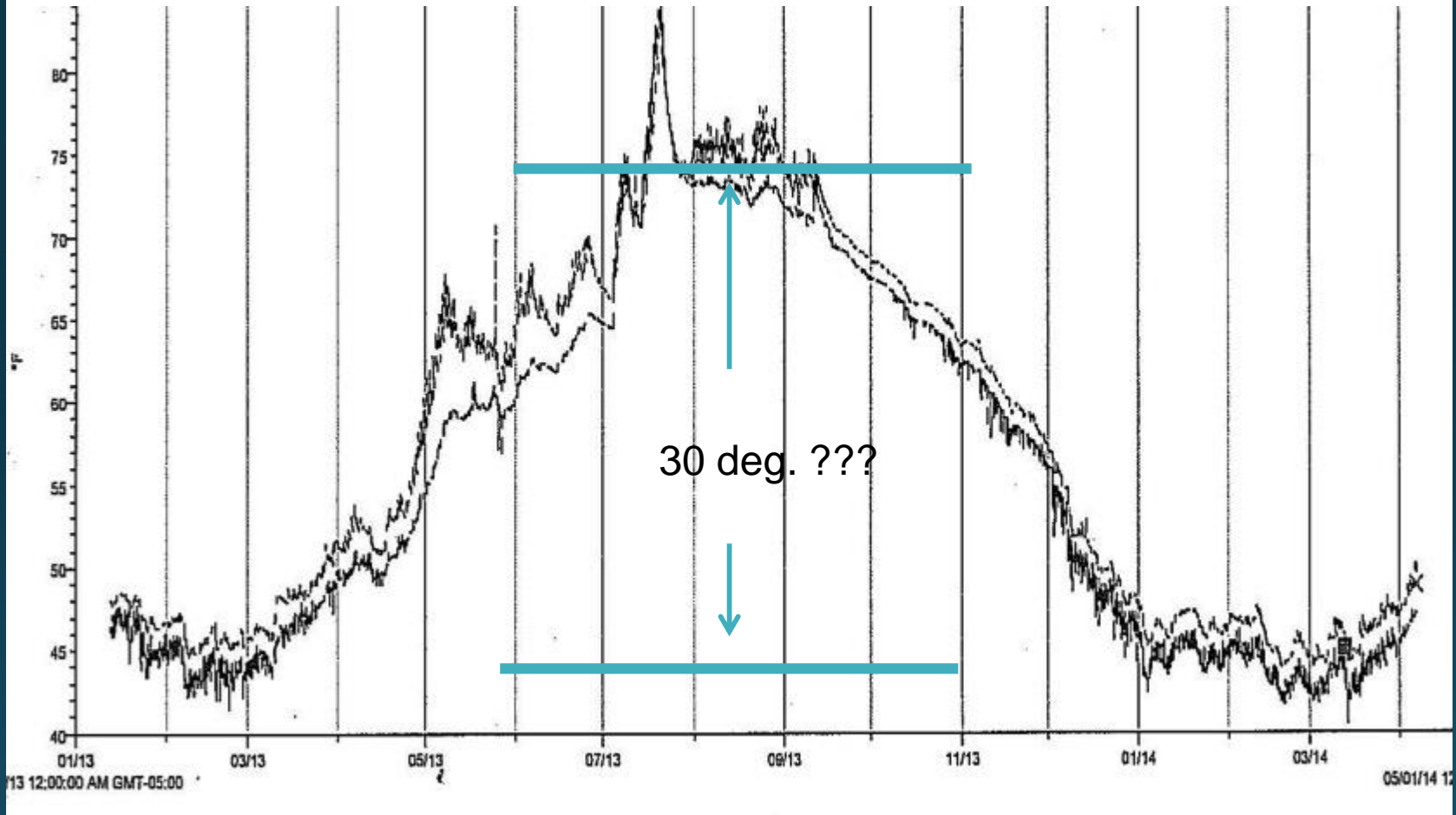
GEOPERFORMX ®?

Pex: Affordable, solar compatible, easy to build off site & transport?



Goal: Economical Energy Storage Under The Building?

Rose Cottage Data: Measured Ground Temperature Under Slab March to March

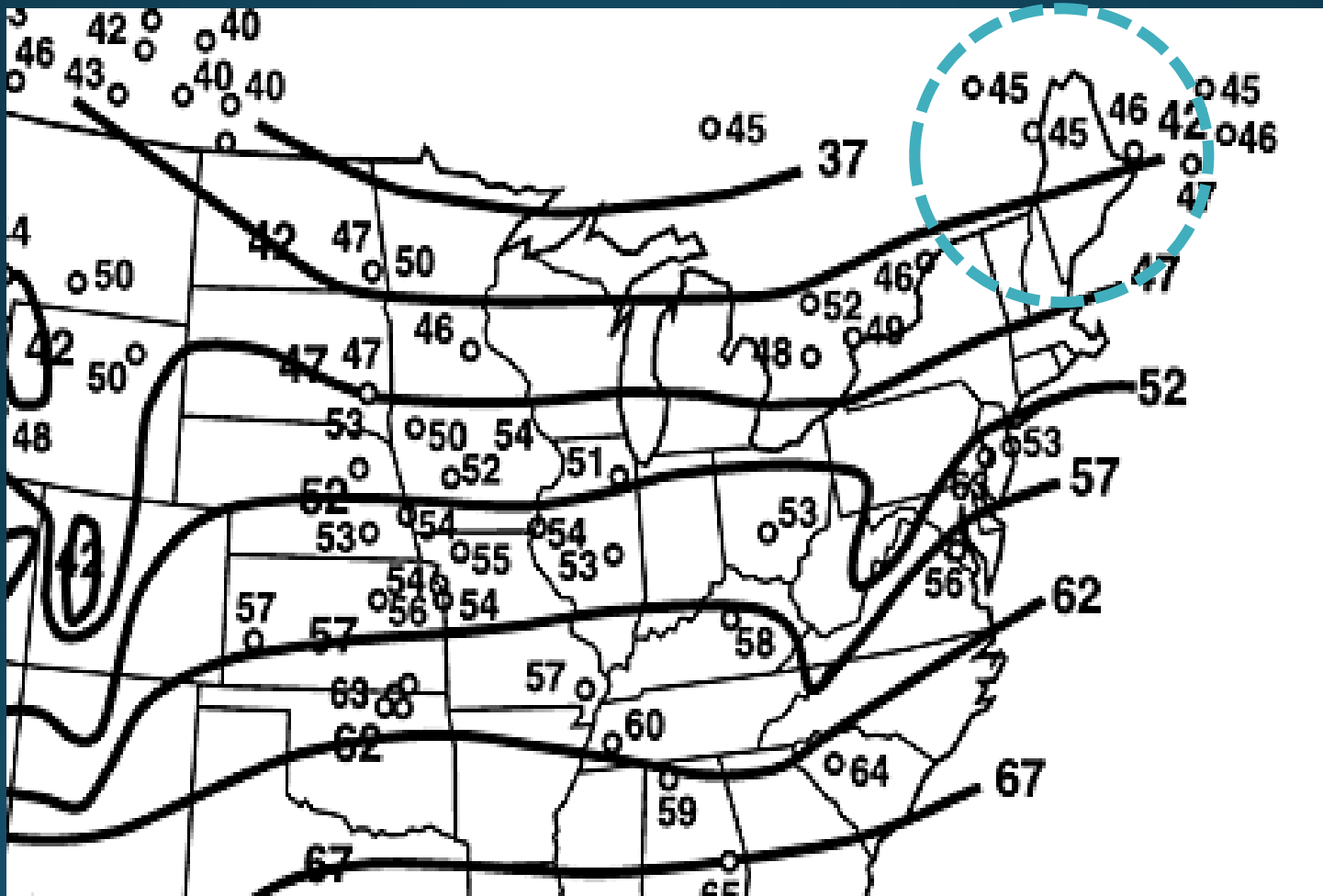


Courtesy: rcmzeroenergy.com ROSE construction

© TBS&D LLC, DJ&Co, 2014

Normal Mean Annual Earth Temperature

Source: Virginia Tech



Site Bedrock is close by



Pex Solar /Geo Slinkys



Three, 300 foot $\frac{3}{4}$ inch Slinkys

Goal: 9-12,000 BTU/hr heat transfer

Crete Heat™ R=15

Make Radiant Easy to Install



Radiant Floor



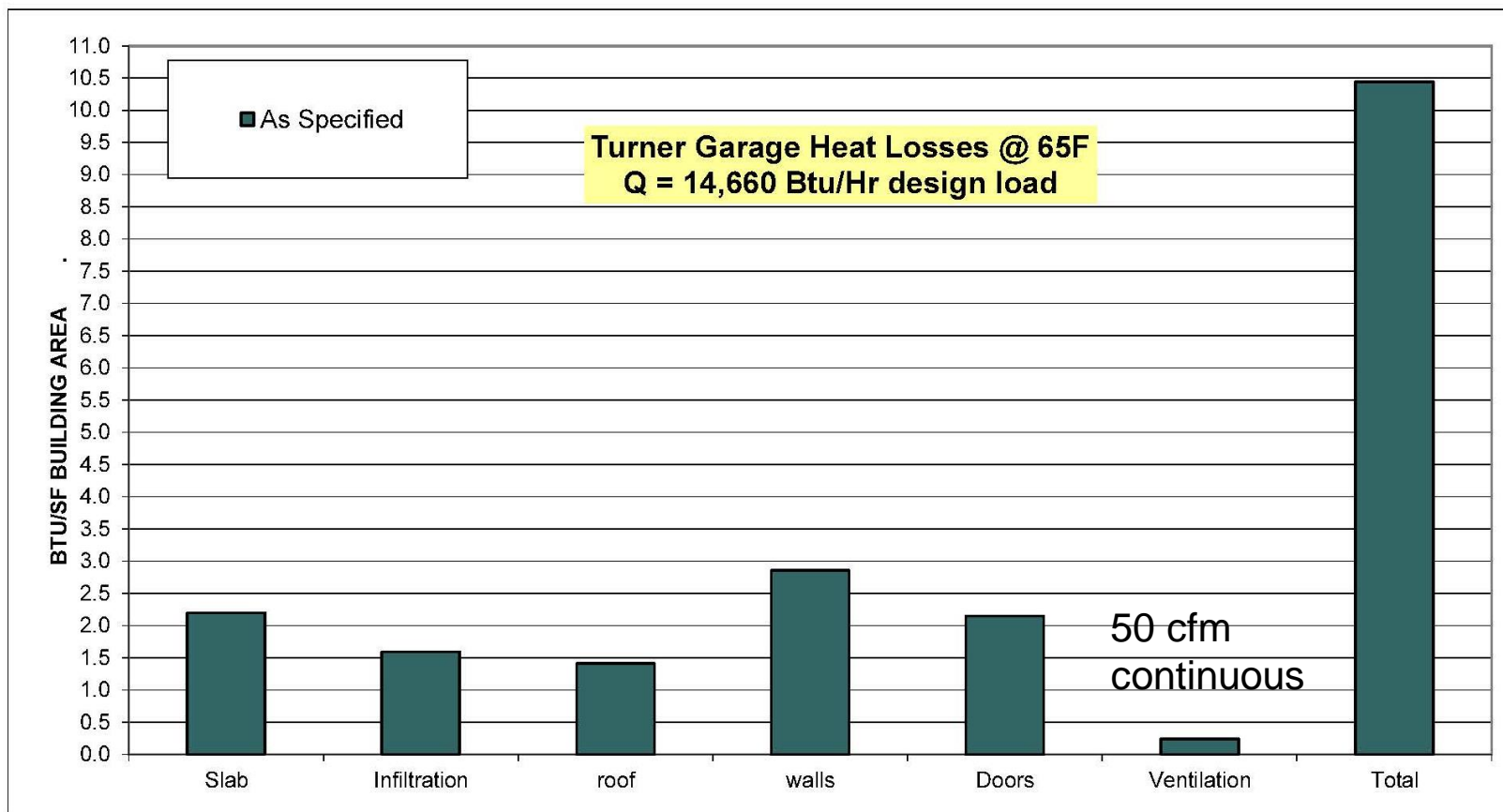
Four, 249 foot $\frac{1}{2}$ inch Pex runs

Concrete Floor



Conservative Calculated Load @ -2 Deg. F Using TMY data

Radiant Floor Water needs to be at 75 Deg. F.
Solar Water Heating Fraction 70% to 85%?



Courtesy: Jeff Harrison, P. E.

Building Test Out Metrics

How did we do?

Measured Air Tightness

@ Negative Pressure...

1 ACH at 50 pascals

0.022 CFM/SF of surface area

@ Positive Pressure...

1.7 ACH at 50 pascals

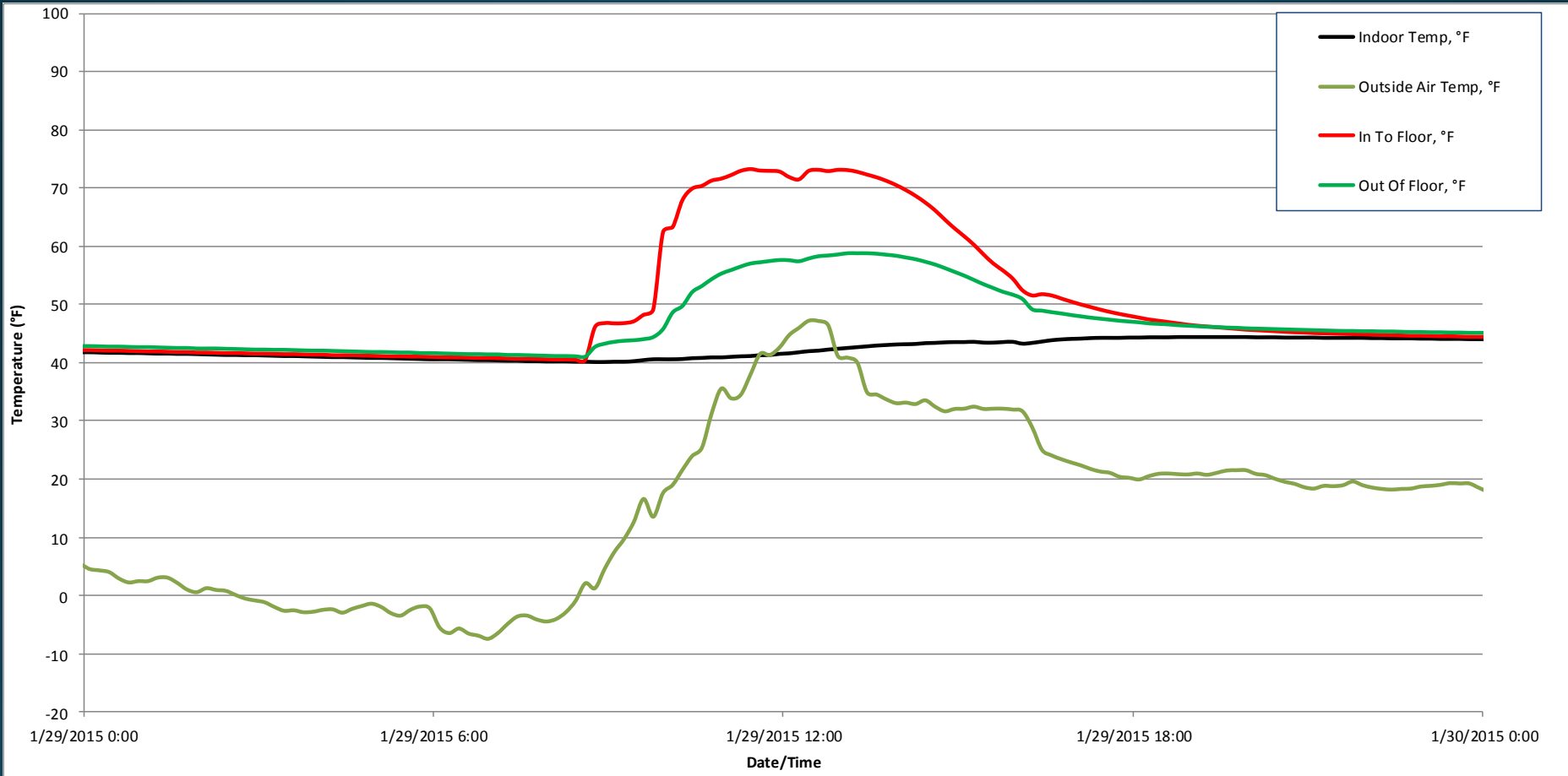


Note:

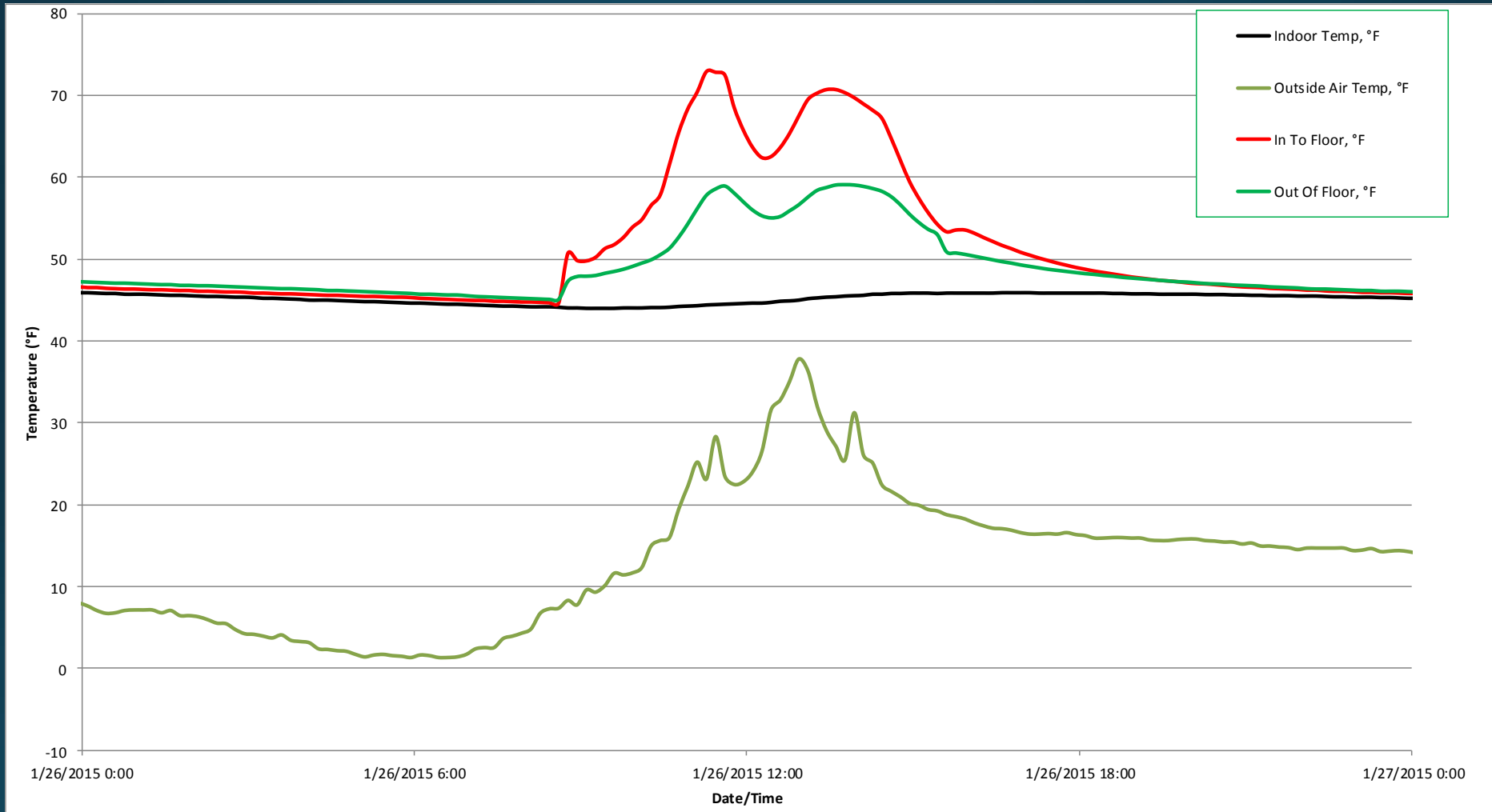
Construction schedule that evolved did not achieve solar thermal and PV installation until late December 2014, so seasonal heat storage has not been measured yet. Will log in 2015.

Heat pump is yet to be installed.

Building Performance in Below 0° F Weather



Building Performance only Solar Heated 0 Deg. F Weather



Door IR images when very cold

Outside looking in



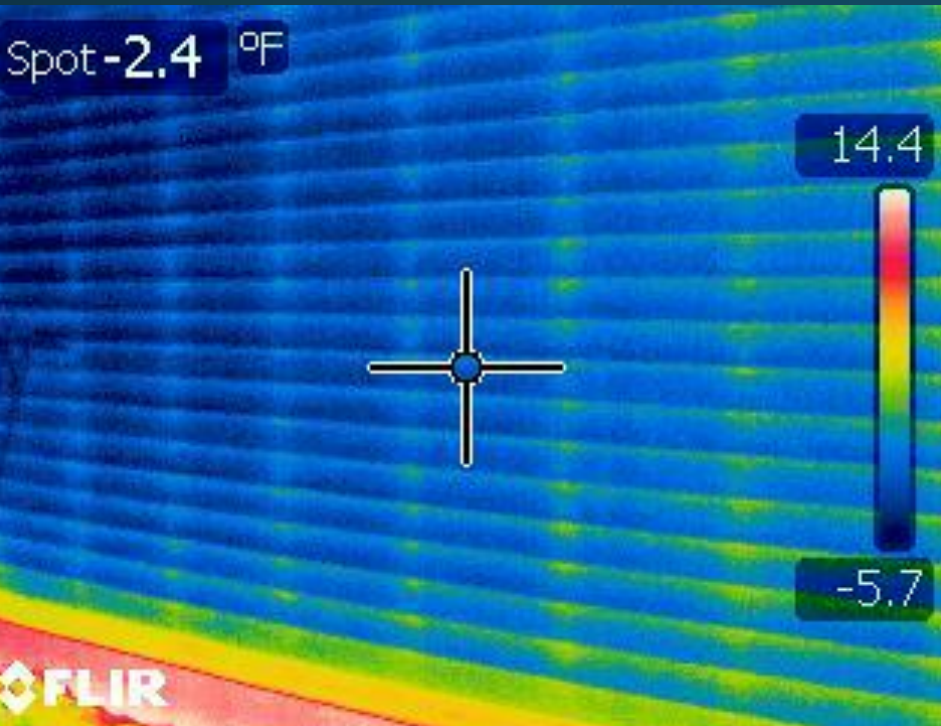
Inside looking out



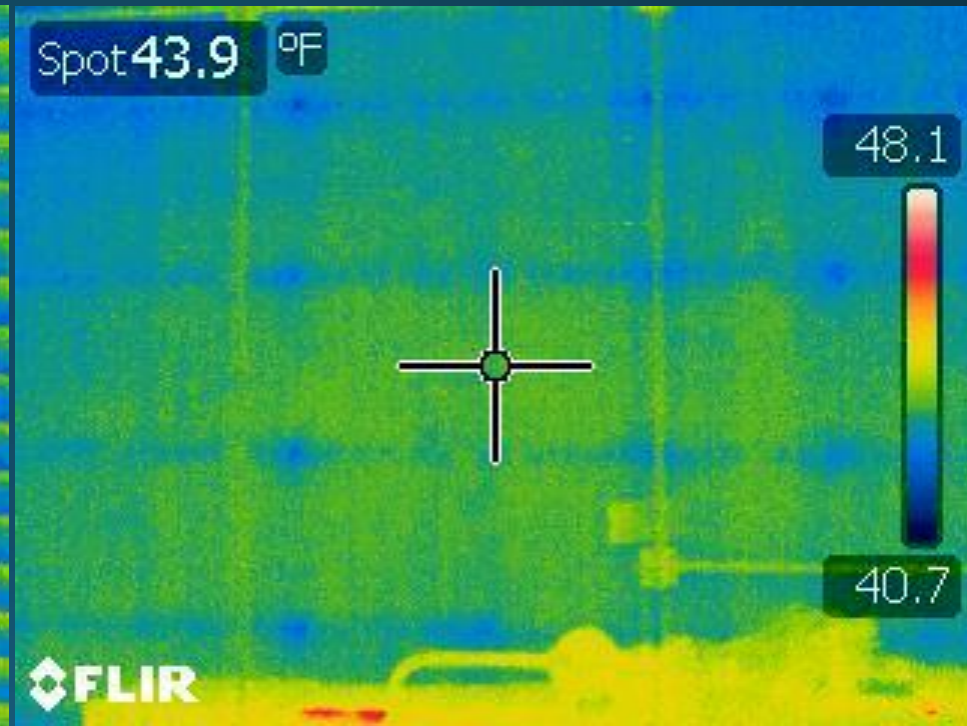
air leakage at top, conductive transfer at parting joints

North side IR images when very cold

Outside looking in



Inside looking out



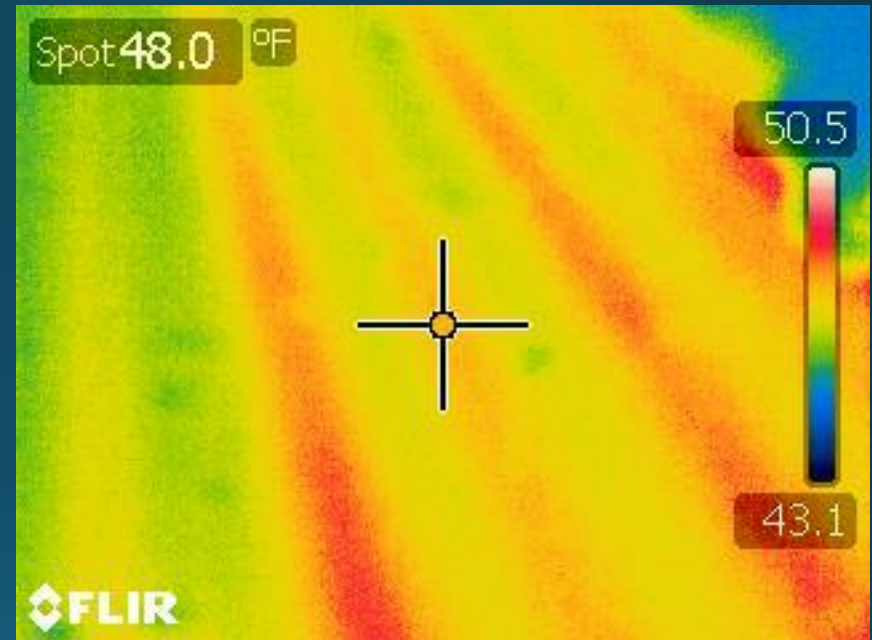
No air leakage, framing stud locations are observable

Floor IR images: 70 deg. supply water

Near garage doors



Near north wall



Mostly uniform floor heat distribution as planned

Current Systems



Recycled
ERV
Max. 800
CFM if needed

Solar:

124 sf ft. flat plate solar, 45 deg incline

Measured: (2 gpm, 10 deg. F rise @ 10 deg F ambient, 15 deg. F rise at 30 deg. F ambient)

Solar tank and backup heat for radiant floor:

Recycled power vented hot water heating unit

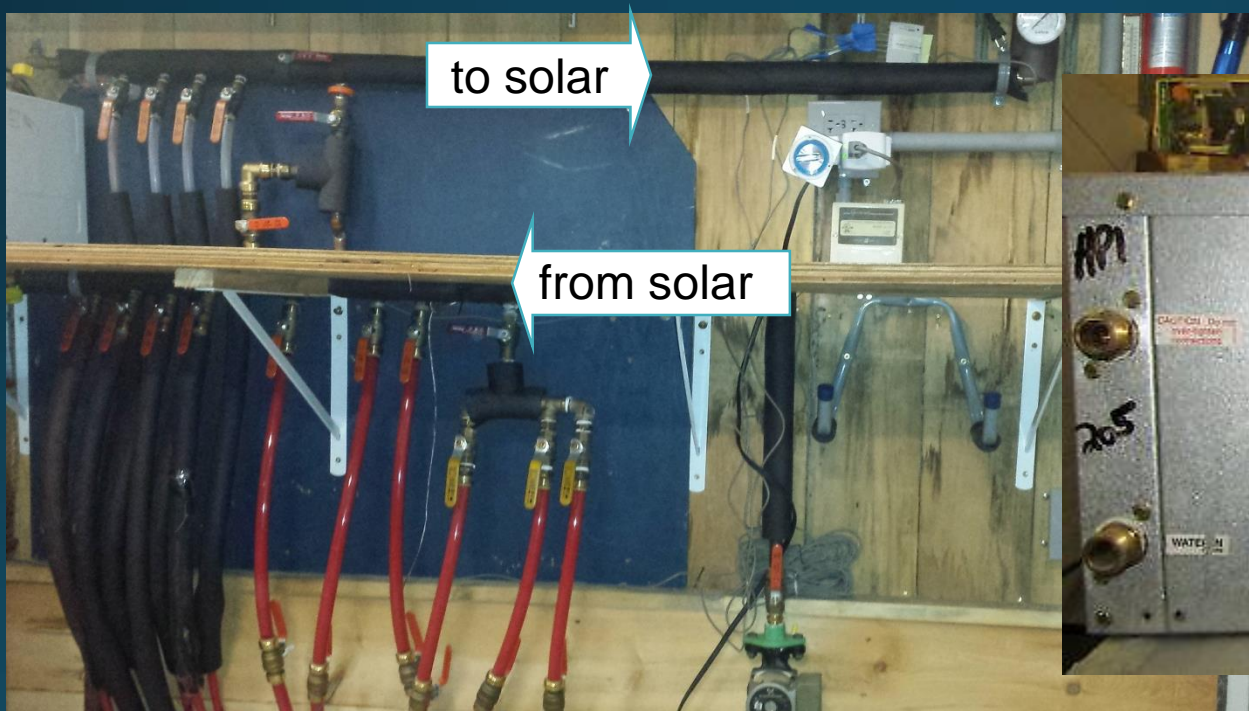


1.4 kW PV
5 kWh/day

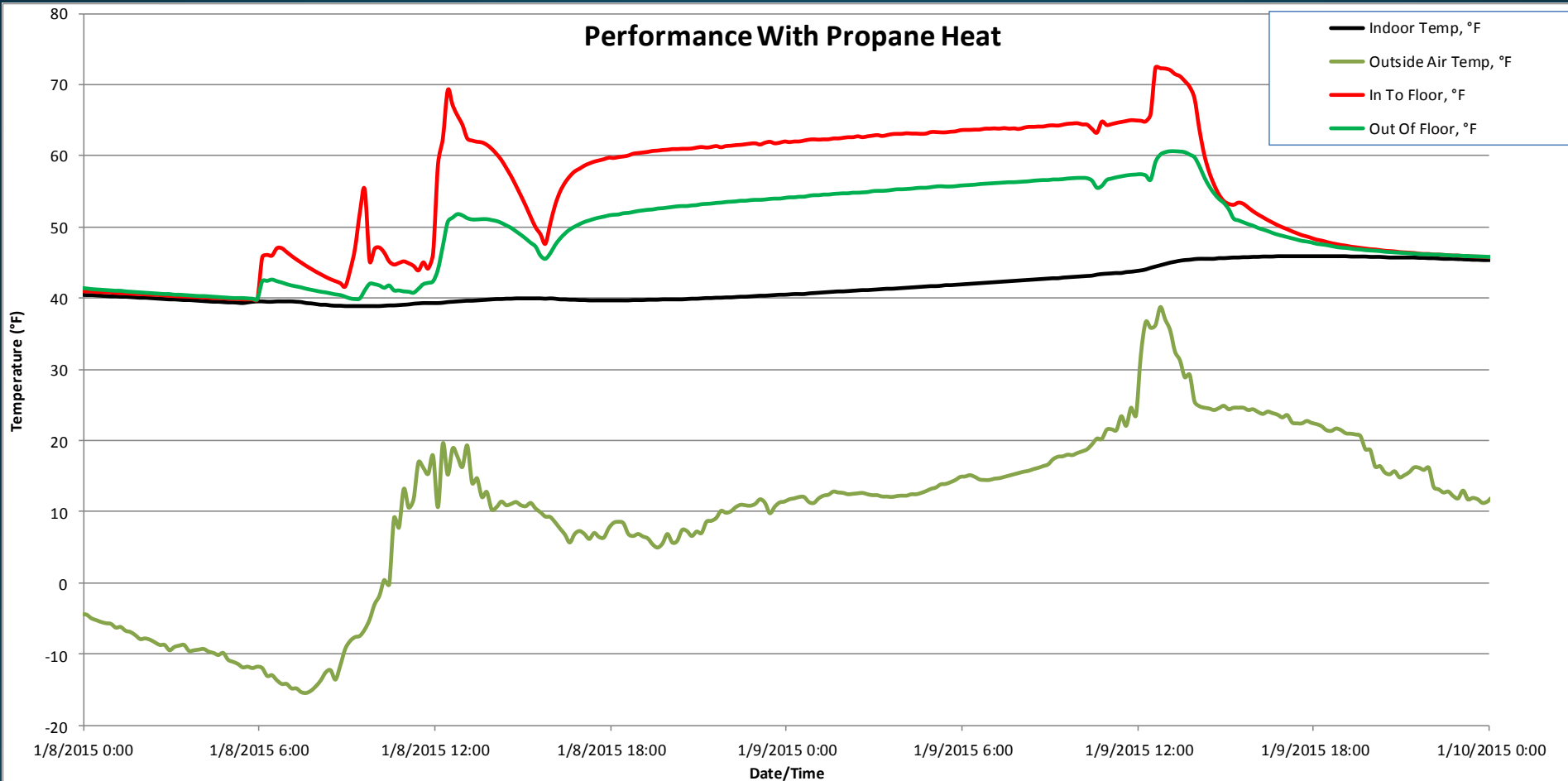


**Future System?:
Add 2 ton heat pump to geo/solar slinky
manifold, or a 1.5 ton ductless mini-split?**

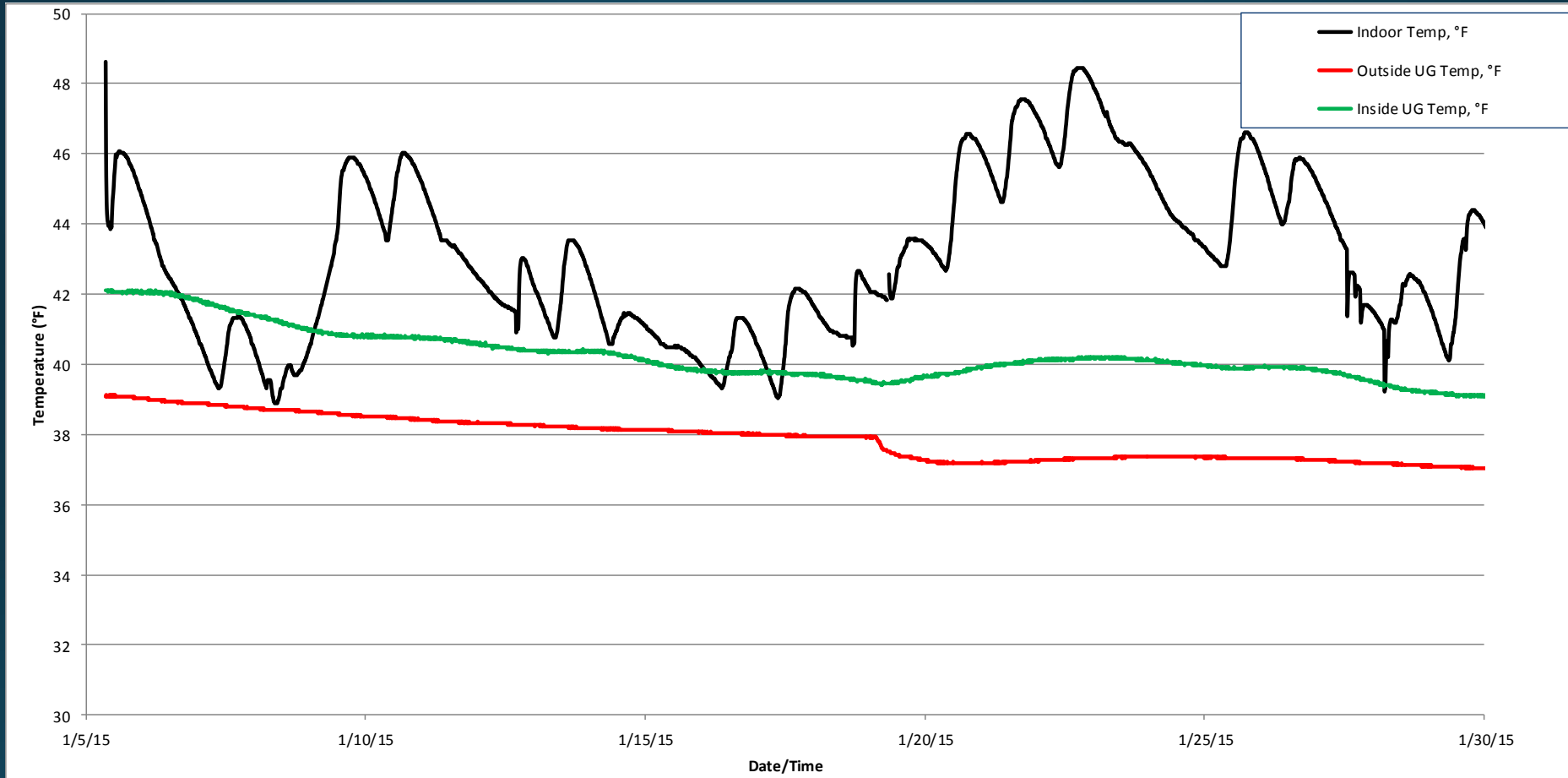
Current Plan: Data Log a year on solar only.



Adding Propane Heat to Floor



Underground Temperatures



Current Use: Workshop & Repairs,
Could be divided to Office and Garage Space

Cost: \$87K
\$71/SF
(Including site)



Summary Building Thermal Envelope 7500DD

<i>Frost wall R-value...</i>	10+
<i>Floor Slab R-value...</i>	15+
<i>Wood frame wall...</i>	30+
<i>Ceiling...</i>	60+
<i>Windows...</i>	2 avg.
<i>Garage Doors Panels</i>	22
<i>Garage Door Assembly</i>	7
1232 Ft ² FFA	

Total Energy Use:
?TBD kWhr/YR
(Net Zero Ready)

Solar Thermal 124 Ft²
Solar PV 1.4 kW

Cost: \$87K
\$71/SF
(Including site work)

Ventilation Rate Capacities

ACH 50 = 1 ACH (250cfm 50)

Natural Predicted Annual < 0.1 ACH

Whole Building ERV max. 800 CFM, min. 50 CFM

Overall Design: Intended to meet or surpass typical Energy Star & Indoor Air Plus Specification and 0.025 CFM/SF surface air leakage criteria

Light Power Density = 0.40 watts/sf via High eff. T-8

High Performance Guideline

1000HomeChallenge.org “10 steps”

1. **Assess Needs, Site, Goals, and Use of Space**
2. **Optimize Enclosure** (reduce heat and cooling load)
3. **Minimize Internal Loads** (lights, appliances...)
4. **Provide Fresh Air Ventilation / Manage Combustion**
5. **Control Humidity**
6. **Determine Cooling Needs**
7. **Integrate Hot Water with Other Loads**
8. **Determine Heating Needs**
9. **Integrate Renewables to Address Remaining Loads**
10. **Incorporate: Verification, Feedback, and Evaluation**

Getting to Net Positive an Approach

- ✓ Very High Performance Enclosure
- ✓ On Site Solar PV and Thermal
- ✓ Energy Recovery Ventilation
- ✓ LED Lighting ? (not yet)
- ✓ Minimize All Water Pumping Energy Use
 - Low Head Solar and HP Geo-exchange
- ✓ Planned ERV and Air Filtration
- ✓ Low Odor Finishes
- ✓ Carport mounting for Solar Thermal and Small PV (rake-able)
 - ✓ Roof reserved for large PV @ optimum year round angle
- ✓ Motivated Owner, Builder, and Occupants?

Will Post 2015 Temperatures



Questions?

Thank You:

- **Efficiency Vermont**
- **Crete Heat™**
- **Jeff Harrison, PE**

Future Data will be posted at:
rcmzeroenergy.com
ROSE construction



**Thank
You**