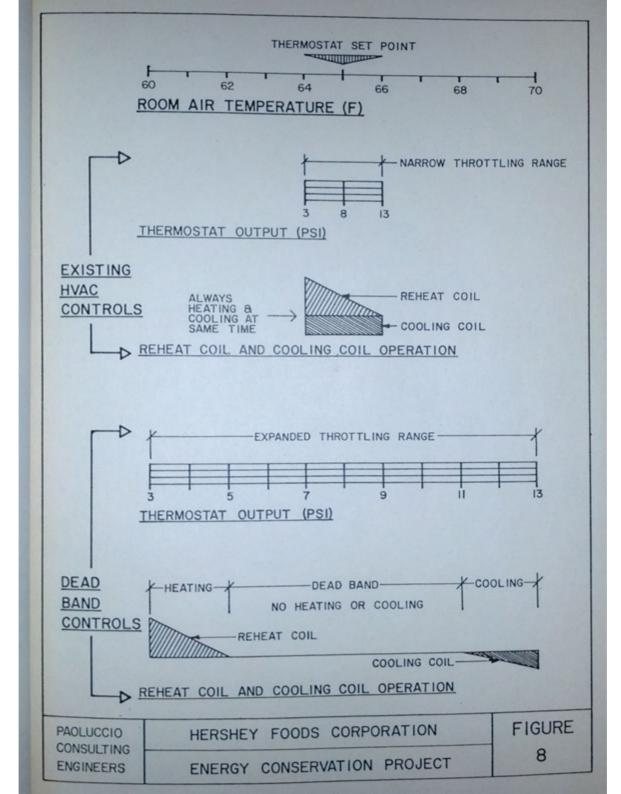
Thermos Bottle Buildings

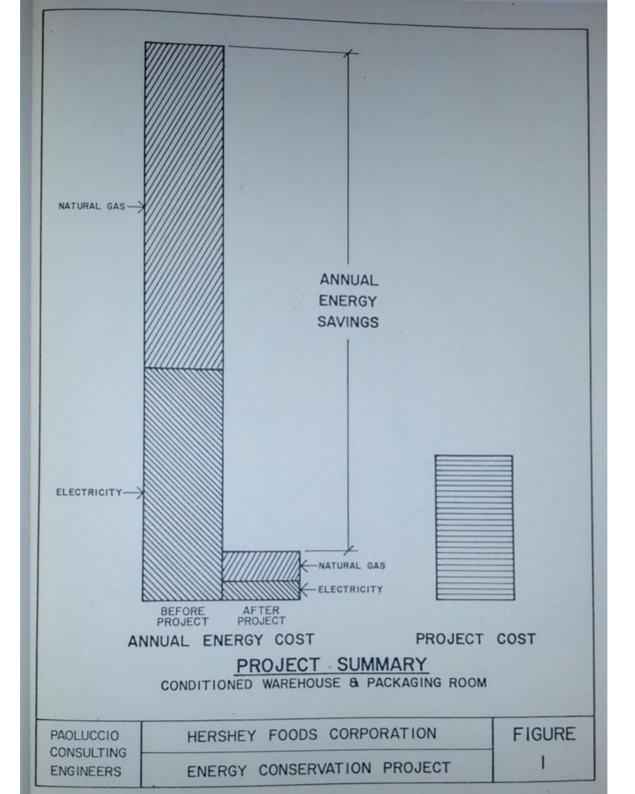
Roy Swain, P.E.







ROPOSED CONSTRUCTION ASSEMBLY		F	Form 3	
Prepared by: John Paolu		WALL TYPE	1.104 2	
Prepared by: John Paoluccio Consulting Engineers P-189				
	List of Construction Components		R	
	 0.5" Gypsum or Plaster Board, 50 lb./cu. ft. 		0.45	
	2. R-11 Mineral Fiber Insulation		11.00	
	3. 26 ga. Steel Sheet Me	tal Panel '	_0	
	4.			
2	5.			
3	6.			
	7.			
	o. Inside Surface Air Film	0.68 cooling	0.68 heating	
Sketch of Construction Assembly	Outside Surface Air Film	0.05	0.17	
WEIGHT: 7 Ib/ft ²	UUISIOE SUITIACE AIR FIIM	0.25_ cooling	0.17 heating	
Check one: Wall X	Total Resistance R ₁	12.38 cooling	12.30 heating	
Roof	U-Value (I/Rz)	0.0808 cooling	0.0813 heating	
Floor				
FRAMING: - 2" x 4" @ 16" o.c.	U-Value Adjusted for Framing	0.11 summer	0.11 winter	



Heatry/Colory Balance Point De Gragh Assumes Occupied Hous: 13 8 Hapl HEAT GAN 400 350 200 617 132 55 0 40 OAT 0 20 .20 61 80 200 -350 400 1 solor HEAF & Thermos Saley Bolte 600 -750 Kono-

Lyme Inn













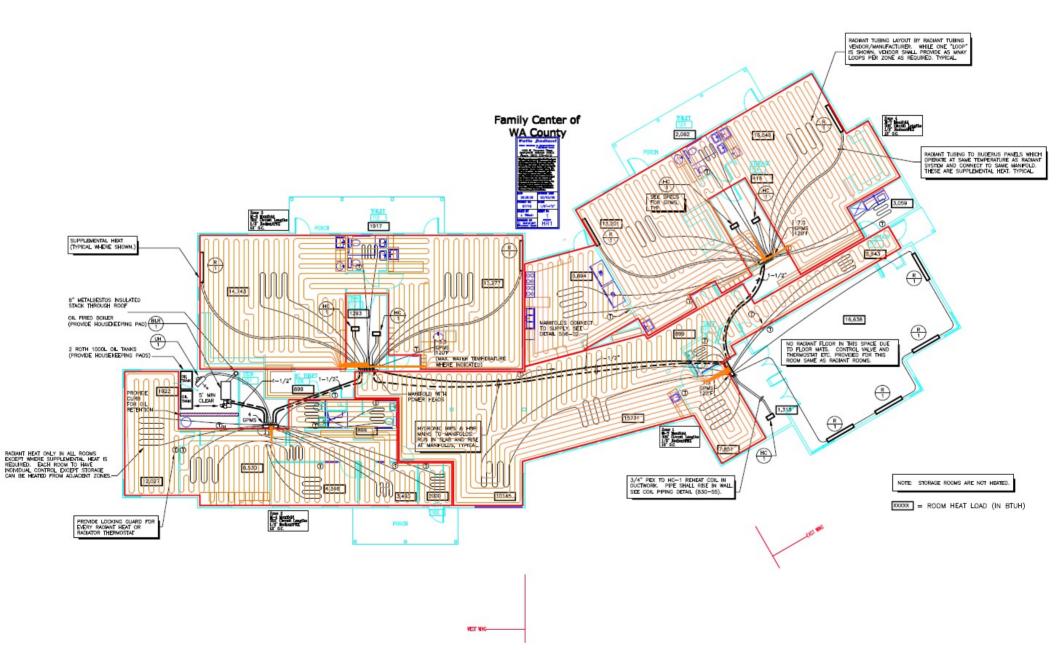








Radiant Floor

















"Thermos Bottle" Building Design Heat Loss -10°F outside, 70°F Inside

Building Element	Heat Loss
R-60 Roof	10%
R-40 Walls (and Doors)	25%
R-20 Basement/Foundation Walls	25%
R-10 Basement Floor	5%
R-5 Windows (10% of floor area)	35%
Total	100%
Approximate BTUH/ Sq. Ft.	5
For typical 150 Sq. Ft. Room:	750 BTUH (Hair Dryer on "Low")

Note: Excludes infiltration/ventilation

"Thermos Bottle" Building Design Internal Heat Gain Per Person 0-150 Sq. Ft./Person

Heat Source	Btuh/Person
Body Heat (Sensible)	250
Lights*	400
Plug Loads**	400
Total	1050

*0.75 Watts/Sq. Ft. x 150 Sq. Ft. x 3.412 Btuh/Watt (=384) ** Wilkins and Hosni, Plug Load Design Factors (ASHRAE Journal, May 2011, P. 30.

Ventilation Air for One Person 15 cfm/ x 1.08 = 16 Btuh

<u>300 Btuh net heat gain</u> = $\sim 20^{\circ}$ F 16 Btuh/°F

Therefore at -10°F outside air the 15 cfm of ventilation air needs to be at 55°F (!) to balance out the net heat gain assuming 75°F inside.

And assuming <u>zero</u> solar heat gain through the windows.

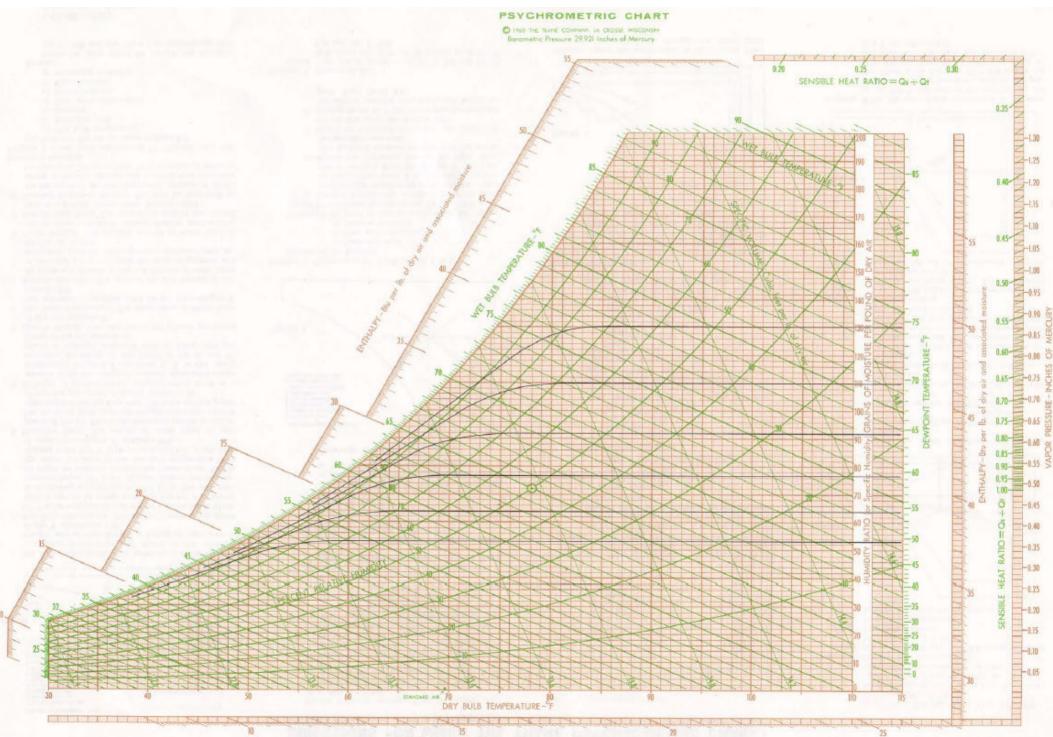
Economizer Cooling

Per person, ignoring heat loss, at 150 Sq. Ft. / Person

Q = CFM x 1.08 x ΔT

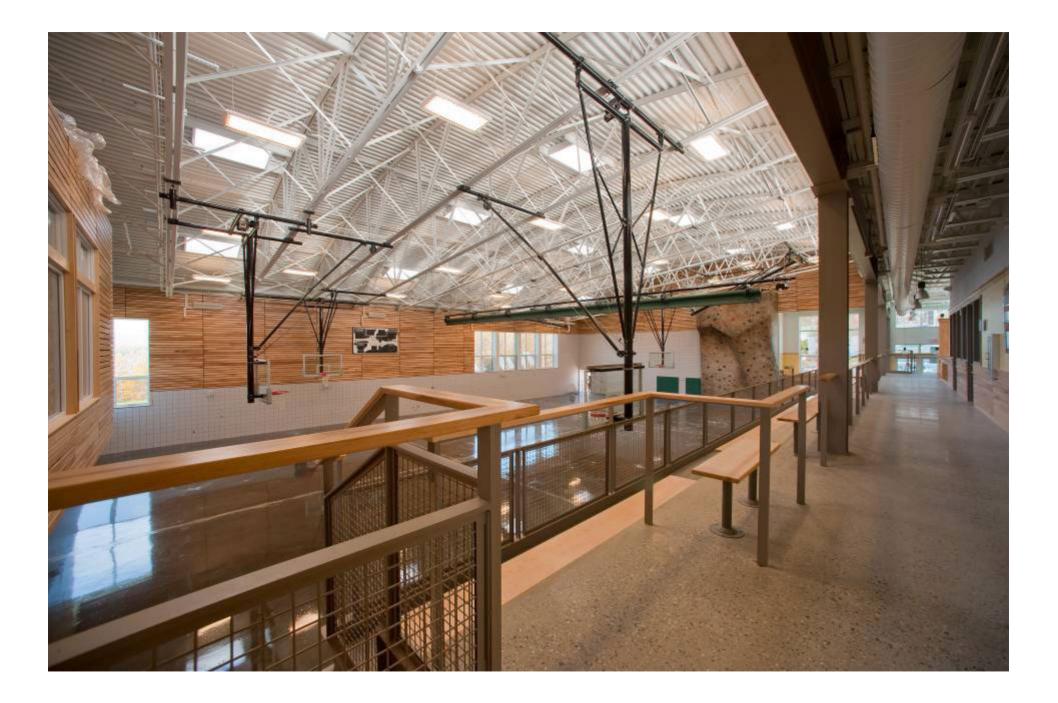
For 1050 Btuh/person heat gain:

- For $20^{\circ}F \Delta T = 50 CFM$
 - Or 1/3 CFM per Sq. Ft.
- For $10^{\circ}F \Delta T = 100 CFM$
 - Or 2/3 CFM per Sq. Ft.
- For $5^{\circ}F \Delta T = 200 CFM$
- Or 1-1/3 CFM per Sq. Ft.



ENTHALPY-Btu per lb. of dry air and associated maisture





















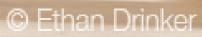


Coldham&Hartman Architects

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Coldham&Hartman Architects









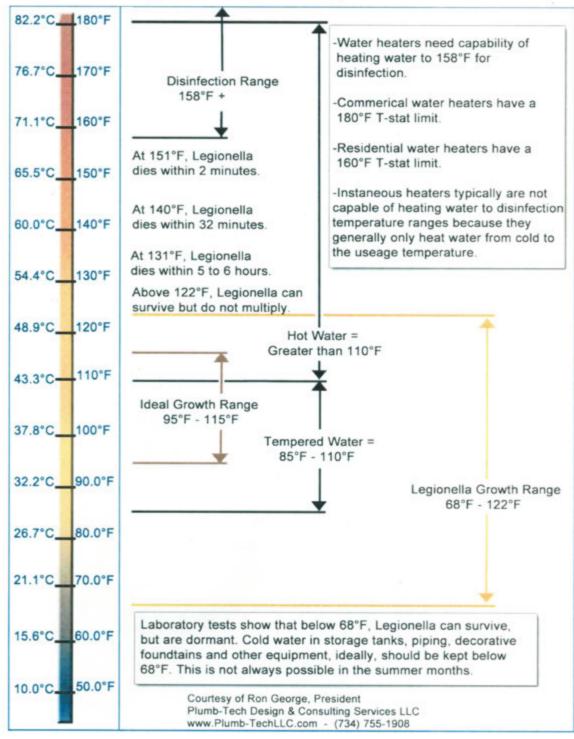


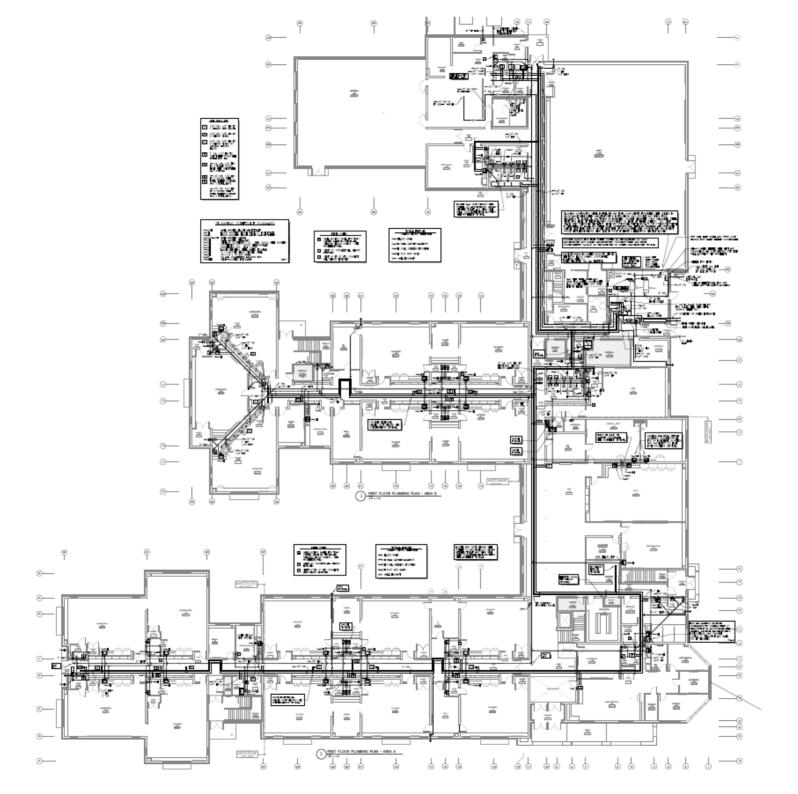






Legionella Temperatures









Moving Towards Simplicity

