# How to Drawdown Carbon Now with our Buildings:

Practical Solutions & Design Strategies
Part 1 - Design and Planning

Ace McArleton - New Frameworks

Chris Magwood - Builders for Climate Action

Jacob Deva Racusin - New Frameworks

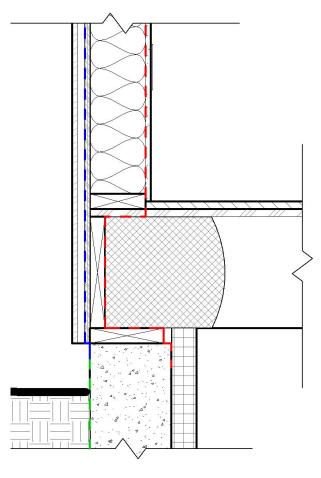
Better Buildings by Design Conference, Feb 6, 2020

# You are designer or builder starting a renovation project.

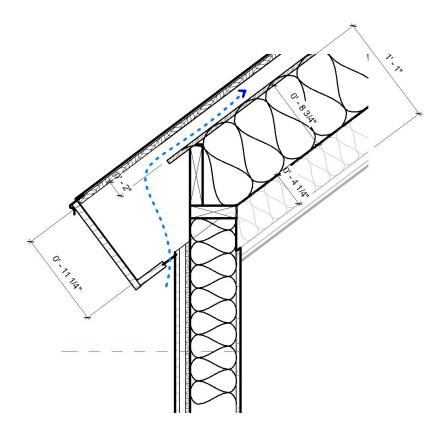
You've done the energy audit or have had it done and are looking at the report.

# You're looking at the places in the building that need more insulation:

- 1. Band joist insulation & air sealing
- 2. Sloped ceiling insulation & air sealing
- 3. Board insulation wrap walls



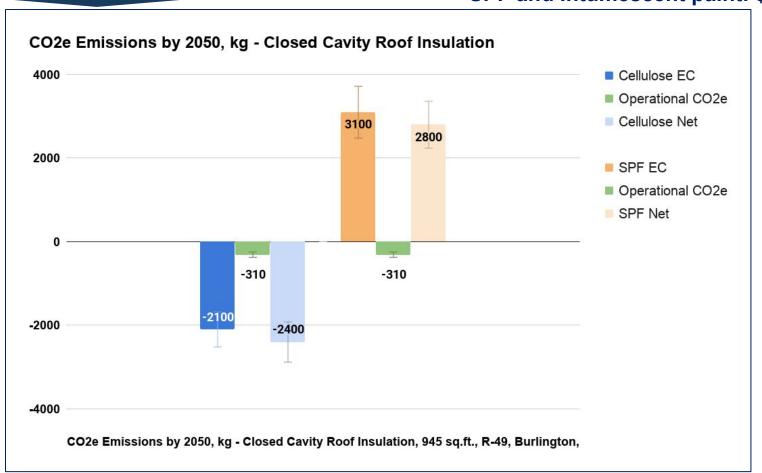
Foundation Wall Transition
1 1/2" = 1'-0"



3 Cathedral Ceiling Transition
1" = 1'-0"

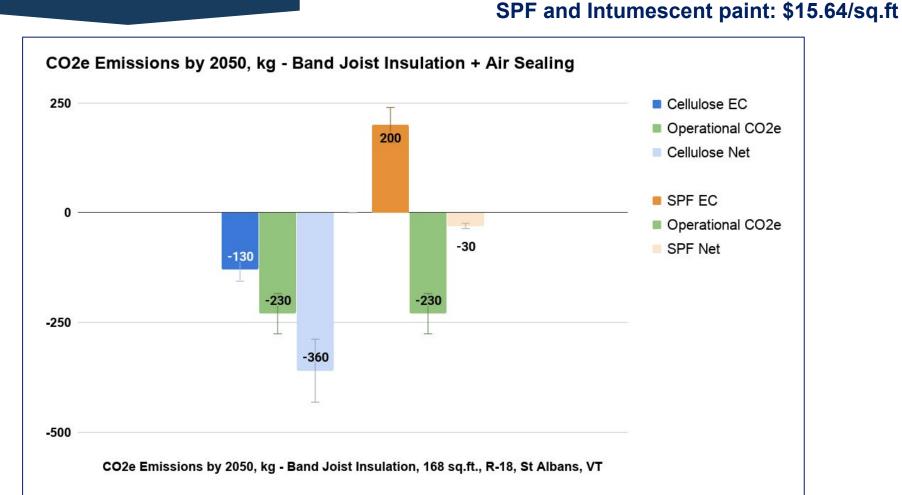
### Retrofit impacts

Cellulose and Membrane: \$9.09/sq.ft SPF and Intumescent paint: \$11.00/sq.ft



Retrofit impacts

Cellulose and Caulk: \$6.59/sq.ft



# Exterior foam wrap being replaced with wood fiber board

Charlotte, VT Deep Energy Retrofit, plaster finish, 2017















Burlington, VT Passive House Multi-unit, 2018-19 Charlotte, VT Deep Energy Retrofit, 2019-20





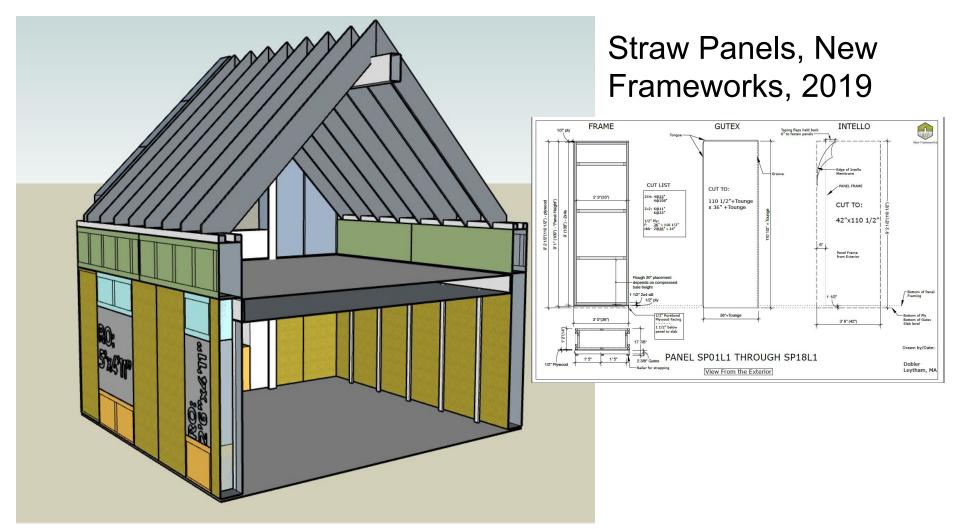
Hemp Batt Insulation

MEM Nature Fibre, Quebec



# **Green Culture Verte Inc.**

Description:	Number/ Numéro	Thickness/épaisseur	Dimension	Panel ftz/ Panneau piz	Panel per skid/ panneaux palette	SqFt per skid/ Palette piz	Price SqFt/ Prix piz		
AccoustiHemp/ Accousti-chanvre	1201648-40	2"	15 1/4" x 48"	5,33	126	672	0,89\$		
NaturHemp insulation/ Isolant Natur-chanvre	1202448-40	2"	23 1/4" x 48"	8	84	672	0,89\$		
NaturHemp insulation/ Isolant Natur-chanvre	1351648-35	31/2"	15 1/4" x 48"	5,33	75	400	1,19\$		
NaturHemp insulation/ Isolant Natur-chanvre	1352448-35	3 1/2"	23 1/4" x 48"	8	50	400	1,19\$		
NaturHemp insulation/ Isolant Natur-chanvre	1551648-35	51/2"	15 1/4" x 48"	5,33	48	256	1,79\$		
NaturHemp insulation/ Isolant Natur-chanvre	1552448-25	51/2"	23 1/4" x 48"	8	32	256	1,79\$		
NaturHemp insulation/ Isolant Natur-chanvre	1751648-35	71/2"	15 1/4" x 48"	5,33	36	192	2,39\$		
NaturHemp insulation/ Isolant Natur-chanvre	1752448-35	71/2"	23 1/4" x 48"	8	24	192	2,39\$		
NaturHemp felt / Feutre NaturChanvre	100100	1/4"	47 1/4" x 164'		645 ft2 per roll/ pi2 par rouleau				
				2"	3 1/2"	5 1/2"	71/2"		
" R" Value	/ Isolant facteur " R"			R-8	R-13	R-20	R-28		



























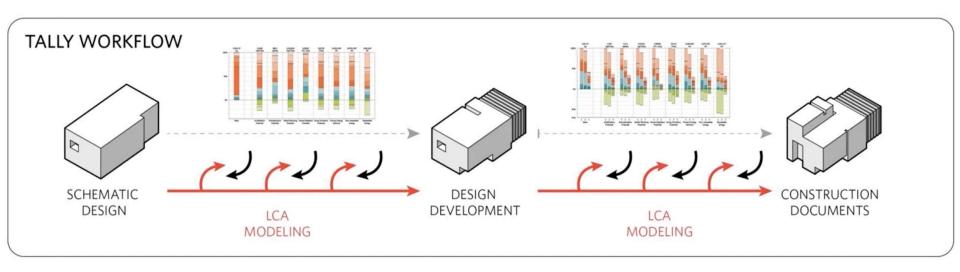




# Glavel (aerated glass) under slab



# Tally



# EC3

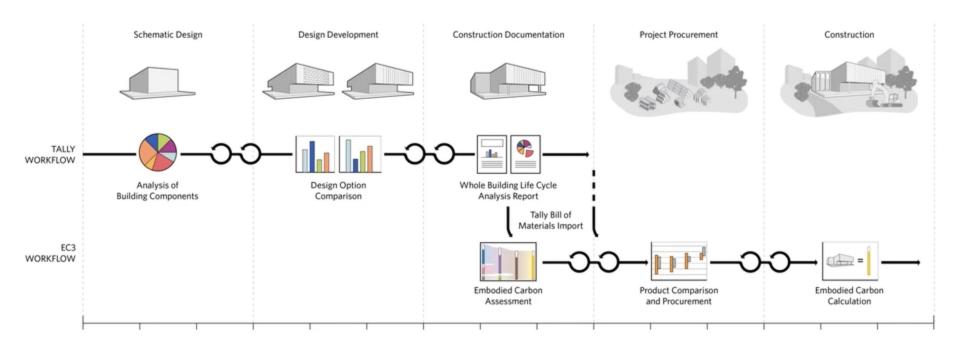


Table 7a. Summary Results (A1-A3): 2501-3000 psi (17.25-20.68 MPa) RMC product, per cubic yard Indicator/LCI Metric GWP ODP AP EP POCP PEC NRE NRM RM

Indicator/LCI Metric	GWP	ODP	AP	EP	POCP	PEC	NRE	RE	NRM	RM	CBW	CWW	TW	CHW	CNHW
Unit (equivalent)	kg CO2	kg CFC-11	kg SO2	kg N	kg 03	MJ	MJ	MJ	kg	kg	m3	m3	m3	kg	kg
Minimum Indicator/ Metric Value	157.8	2.92E-6	0.85	0.10	11.78	1430	1419	11	1561	0.37	0.10	0.09	0.19	0.31	2.04
Maximum Indicator/ Metric Value	257.7	4.46E-6	1.15	0.13	14.54	2020	2006	14	1758	0.46	0.10	0.09	0.19	0.31	2.04
3000-00-FA/SL	257.7	4.46E-6	1.15	0.13	14.54	2020	2006	14	1758	0.46	0.10	0.09	0.19	0.31	2.04
3000-20-FA	222.1	3.86E-6	1.00	0.11	13.23	1775	1762	13	1669	0.42	0.10	0.09	0.19	0.31	2.04
3000-30-FA	202.9	3.53E-6	0.93	0.10	12.52	1642	1630	12	1620	0.40	0.10	0.09	0.19	0.31	2.04
3000-40-FA	182.6	3.19E-6	0.85	0.10	11.78	1503	1492	11	1569	0.37	0.10	0.09	0.19	0.31	2.04
3000-30-SL	197.7	3.56E-6	1.02	0.12	13.69	1691	1678	13	1656	0.43	0.10	0.09	0.19	0.31	2.04
3000-40-SL	177.7	3.26E-6	0.97	0.11	13.40	1582	1570	13	1622	0.42	0.10	0.09	0.19	0.31	2.04
3000-50-SL	157.8	2.97E-6	0.93	0.11	13.12	1474	1461	12	1588	0.41	0.10	0.09	0.19	0.31	2.04
3000-50-FA/SL	159.0	2.92E-6	0.87	0.10	12.34	1430	1419	11	1561	0.38	0.10	0.09	0.19	0.31	2.04

# ICE database

# ICE (Inventory of Carbon & Energy)

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Professor Geoffrey Hammond

Affiliation:





\*corresponding author. Contact details: http://www.circularecology.com/contact.html

**Version Control** 

Version:

V3.0 Beta - 9 August 2019

# Codes and policies

World Green
Building Council
calling for 40%
embodied carbon
reductions by
2050

ILFI and CaGBC
Zero Carbon
certification
programs seeing
high uptake

Peterborough
County Carbon
Cap Incentive
program













Offering builders \$10,000 for meeting 50kgCO<sub>2</sub>e/m<sup>2</sup> cap

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### Drawdown solutions

Interdisciplinary industry action improving supply chains



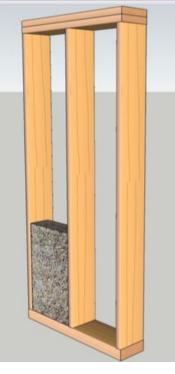
#### Drawdown solutions

Urban centers cannot realize sustainable material needs without the support of rural land-based industries.

Sustainable supply chains can bolster rural economic development.

Working landscapes avoid problematic land-use change.





# Hempcrete 100 ft<sup>2</sup> @ R-19

Carbon storage 595 lbs.

R-value R-2/inch

Material Cost \$75.00

Density 15.5 lb/ft3

Testing Full CND/EU

Availability Limited commercial



# Wood Fiber 100 ft<sup>2</sup> @ R-19

Carbon storage 595 lbs.

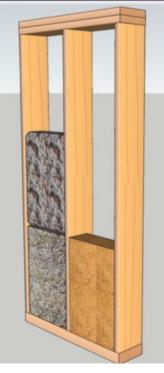
R-value R-3.8/inch

Material Cost \$100-180.00

Density 1.8 lb/ft3

Testing Full EU testing

Availability Limited commercial



### **Cellulose** 100 ft<sup>2</sup> @ R-19

Carbon storage 265 lbs.

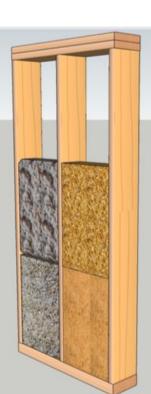
R-value R-3.6/inch

Material Cost \$32.00

Density 3.5 lb/ft3

Testing Full ASTM testing

Availability Widely available



## Rice Hulls 100 ft<sup>2</sup> @ R-19

Carbon storage 440 lbs.

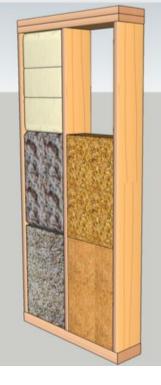
R-value R-3.0 to 3.2/inch

Material Cost \$6.00

Density 9 lb/ft3

Testing Full ASTM testing

Availability No commercial



## **Straw** 100 ft<sup>2</sup> @ R-19

Carbon storage 640 lbs.

R-value I

R-2.6/inch

Material Cost \$28.00

Density 6.25 lb/ft3

Testing Full EU testing

Availability Widely available



# **Wool** 100 ft<sup>2</sup> @ R-19

Carbon storage ?

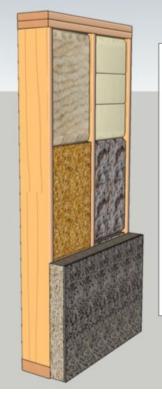
R-value R-4/inch

Material Cost \$240.00

Density 1.2 lb/ft3

Testing Full ASTM testing

Availability Limited commercial



# **Wood Wool** 100 ft<sup>2</sup> @ R-4

Carbon storage 200 lbs.

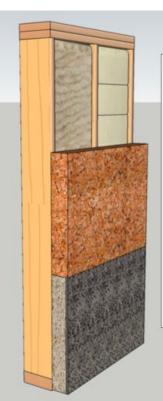
R-value R-1.8/inch

Material Cost \$150-200.00

Density 15.5 lb/ft3

Testing Full ASTM testing

Availability Limited commercial



# Cork 100 ft2 @ R-4

Carbon storage 45 lbs.

R-value R-3.6/inch

Material Cost \$150-200.00

Density 7.2 lb/ft3

Testing Full ASTM testing

Availability Limited commercial



#### Wood Fiberboard 100 ft<sup>2</sup> R-4

Carbon storage 47 lbs.

R-value R-2.4 to 3.8/inch

Material Cost \$100.00-\$180.00

Density 8.75 lb/ft3

Testing Full ASTM testing

Availability Limited commercial



#### VestaEco WALL / WALL S

Impact-resistant and vapour-permeable thermal insulation for masonry walls. Improves energy conservation by keeping heat inside the building during winter while providing a favourable microclimate of its interiors. Thanks to high thermal capacity it also protects against high temperatures and provides pleasant coolness during summer. Recommended in particular when erecting new buildings, when the amount of water to be discharged in connection with mason works is the largest. Available with an increased density layer (WALL S).



#### Advantages of the product:

- Healthy, eco-friendly material based on natural resources
- Protection against cold in winter and heat in summer thanks to hight thermal capacity
- Vapour-permeable material, regulates the microclimate of interiors
- Does not absorb water
- Eco-friendly production process, thanks to the use of innovative, patented DefibraTech 1.0 technology













#### Ekopanely board E40/800



#### Construction straw board without surface finish

#### Recommended applications:

- · Exterior wall cladding on the inside
- · Partitions and floors
- · Ceilings constructions
- · Roof extensions and loft conversions
- · Interior cladding of an existing wall on a wooden grid
- Determination of volatile organic compounds (VOC) - A+

#### Specifications:

- · Thickness 38 mm (tolerance +2 mm)
- Width 800 mm
- · Length 1200 3200 mm
- Average density 379 kg/m³
- Thermal conductivity λ=0.099 W/m.K
- Water vapour resistance factor µ=9.7
- Fire response category E



#### Ekopanely board E60/800, E60/1200



#### Construction straw board without surface finish

#### Recommended applications:

- · Exterior wall cladding
- Cladding of interior load bearing walls
- · Partitions and floors
- Ceilings constructions
- · Roof extensions and loft conversions
- · Interior cladding of an existing wall on a wooden grid
- Determination of volatile organic compounds (VOC) - A+

#### Specifications:

- Thickness 58 mm (tolerance +2 mm)
- Width 800, 1200 mm
- Length 1200 3200 mm
- Average density 379 kg/m³
- Thermal conductivity λ =0.099 W/m.K
- Water vapour resistance factor µ=9.7
- · Fire response category E









#### Straw bale panels

The straw bale panels were our first effort at creating a version of a straw SIP that does not use a plaster finish.

Horizontal strapping is integrated into the panel, providing additional fastening for the sheathing and creating a 3/4" space that we filled with loose cellulose insulation. This insulation was compressed between the sheathing and the bales and fills in the highs and lows of the bale surface. This provides continuous insulation and prevents convection loops.

The bales are placed into the frame and tightly packed at the edges of the panel.







#### Growing mycofoam onto straw panels

One of the straw bale panels was "sheathed" in Mycofoam. We started the culture in the bags (top left) and then placed the material directly on the straw bales in the panel (top right), to a depth of 1-1/2 inches to match the fiberboard sheathing on the other half of the panel. In five days, we exposed the culture to the light and allowed it to dry.

The finished Mycofoam (left) had bonded well with the straw surface, and provided R-5 as a thermal break on the exterior face of the panel.









#### Wall assembly

Each of the wall panels is lifted into place with the zoom boom.

The panels are braced with temporary bracing on the interior of the building and fastened to the floor assembly and adjoining panels using GRK structural screws.

All the hard work that went into making the panels so accurately paid off with a quick and hassle-free assembly.





Building Element	Material	Kg in Project	EPD	EPD-Off brand	ICE 2.0	Other data	Averaged	Sequestration @ 45% carbo	on Notes
oundation	Diamond pin footing								
	DP-75 blocks - 14 @74lb (24mpa concrete)	470		0.127	0.10		70.0		
	Steel pins - 4 @ 60" per block x 14 blocks = 3360 i	530		1.5	1.4	4	734.9	93	
	Wooden beams -74lf @ 8x10 inches	523.8	0.161	1			84.3	33 865.	06
	Floor trusses	957.08	0.161	1			154.0	09 1580.	62
	Plywood under trusses - 1/2" x 628 ft2	363.47	0.264	1			95.9	96 587.	06 97.8% of mass is wood, 2.1% is resin
	Plywood around trusses	251.7	0.264	1			66.4	45 406.	54 97.8% of mass is wood, 2.1% is resin
	LVL beams 56 If x 1-3/4"x18"	189.39	0.37	7			70.0	07 305.	08 97.54% of mass is wood, 2.46% is resin and filler
	ReWall sheathing 628 sf @ 1/2" (37pcf)	498.5				0.485 (from 1	120.8		95 Some mass is binders, quantity unknown. 90% assumed. 1/2 value for recylced produ
	Cellulose insulation @ 65kg/m3 density	1589.25		0.0497		0.0033 (from	42.1		18 90% of mass is paper fibers, 10% is borate fire retardant
ooring	Hardwood (ash), 3/4" 530 sf main floor	646.72			0.2	4 0.47 (from Ti	229.5	58 1068.	06
alls	Double stud cellulose w/interior ReWall and exterior	wood fiber box	ard						
	Framing lumber 2527 If of 2x4	1174.5	0.161	1			189.0	09 1939.	69
	Plywood around prefab panels 577 If @ 1/2"x10"	278.49	0.264				73.5	52 449	9.8 97.8% of mass is wood, 2.1% is resin
	Fiberboard sheathing 728 sf @ 1.5" (265kg/m3)	683.7		1.18		1.22 (from Pa	643.1		8.8 92% of mass is wood fibers, 8% is binders
	ReWall interior sheathing 968 sf @ 0.5" (37pcf)	676.86		1.10		0.485 (from 1	164.		05 Some mass is binders, quantity unknown. 90% assumed. 1/2 value for recylced produ
	Cellulose insulation 25.49m3 @ 65kg/m3	1656.85		0.0497		0.0033 (fron	43		.66 90% of mass is paper fibers, 10% is borate fire retardant
	Double stud straw bale panels w/interio ReWall and		Char hazed			0.0033 (11011	45	2402.	3076 of filass is paper fibers, 1076 is borate file retardant
	Framing lumber 504 If of 2x4	234	0.161				37.6	57 386.	4E
	Plywood around prefab panels 168lf @ 1/2"x16"	129.67	0.264				34.2	777 (4)	44 97.8% of mass is wood, 2.1% is resin
		331.25	0.264	1.18		1 22 /6 2	309.		
	Fiberboard sheathing 352 sf @ 1.5" (265kg/m3)			1.18	0.0	1.22 (from Pa	13.0		29 92% of mass is wood fibers, 8% is binders
	Straw bales 82 @8pcf @ 4.375 ft3 per bale	1301.8			0.0				
	Cellulose insulation @ 352 sf @ 3/4" per side	80.99		0.0497		0.0033 (fron	2.1		38 90% of mass is paper fibers, 10% is borate fire retardant
	ReWall interior sheathing 352 sf @ 0.5" (37pcf)	246.21				0.485 (from 1	59.7	71 365.	95 Some mass is binders, quantity unknown. 90% assumed. 1/2 value for recylced produ
of	Roof trusses	973.41	0.161	1			156.7	72 1607.	59
	Fiber board exterior sheathing 820sf @ 1.5" (265kg/	768.5		1.18		1.22	723.0	67 1167.	64 92% of mass is wood fibers, 8% is binders
	ReWall interior sheathing 820sf @ 0.5" (37pcf)	573.47				0.485 (from 1	139.0	07 852.	38 Some mass is binders, quantity unknown. 90% assumed. 1/2 value for recylced produ
	LVL beams 68lf x 1-3/4" x 20"	255.47	0.37	7			94.5	52 411.	53 97.54% of mass is wood, 2.46% is resin and filler
	Cellulose insulation 36.76 m3 @ 65kg/m3	2389.4		0.0497		0.0033 (fron	63.3	32 3551.	49 90% of mass is paper fibers, 10% is borate fire retardant
	Strapping 444If of 2x4, 626 If of 1x4	400.05	0.161	l-			64	.4 660.	68
	Steel roofing 820 sf @ 26ga. (0.9lb/ft2)	334.75		1410kg/93m2	1.5	4	835.7		
cond floor	Trusses	408.23	0.161	1			65.7	73 674.	19
	Wood sheathing 324sf @ 9/16"	193.5	0.161	1			31.	15 319.	57
	Hardwood flooring 324sf @ 3/4"	394.22			0.2	4 0.47 (from Ti	139.5		
erior walls	Framing lumber 390 lf of 2x4	181.35	0.161	18			29	1.2 299	9.5
	Strapping 1320lf of 2x3	437.85	0.161				70.4		
	Finished sheathing plywood 1312sf @ 1/2"	760.33	0.264	1			200.7	73 1228.	06 97.8% of mass is wood, 2.1% is resin
iling	Plywood 760sf @ 0.5"	440.58	0.264	:			116.3	31 711.	61 97.8% of mass is wood, 2.1% is resin
idding	Strapping 1108lf of 2x4	514.35	0.161	1			82.8	81 849.	45
10.020.00	Exterior steel 921 sf @ 26 ga (0.9lb/ft2)	375.98		1410kg/93m2	1.5	4	938	.1	
tal CO2 kg						10	6991	32255.	83
								less 6991.4 CO2 emissions	
									43 Total kg CO2 sequestered